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**Inequality in health status during the Covid-19 in the UK: does
the impact of the second lockdown policy matter?**

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Abstract

Using the Understanding Society data (UKHLS and COVID-19 surveys), first this work uses the models that preserve the ordinal nature of data to measure in England and Scotland the overall health inequality in the pandemic context, and second it adopts the parametric approach to measure the portion of inequalities due to circumstances.

The findings show that within UK regions, overall health inequalities decrease during the pandemic, while the absolute measure of the inequality of health opportunities remains stable in both regions. Between UK regions, the overall health inequality is greater in England than in Scotland during the pandemic (except in November 2020), while inequalities of health opportunities are greater in Scotland than in England in both periods, especially in November 2020. Considering these different results within and between regions, this work also aims at assessing whether the trends in health inequalities could be related with the different national implementation of the second lockdown policy of “Stay-at-home”, also looking at the heterogeneous effect by gender. The findings show that with the second lockdown policy the probability of being in the highest health status categories decreases in England by 10 percentage points, and the impact of the lockdown policy is higher for women than men.

Keywords: health inequality, inequality of opportunity in health, self-assessed health status, COVID-19, policy evaluation.

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1 Introduction

The new coronavirus discovered in Wuhan (China) in December 2019, namely the COVID-19 infectious disease, led to a global pandemic that was declared a Public Health Emergency of International Concern on the 30th of January 2020.

In the first wave of the pandemic, Davillas and Jones (2020a) find that the Coronavirus pandemic exacerbated existing health inequalities and amplified the gradients of exposure to the disease itself (i.e., health impact) and to the economic impact of the several lockdown policies implemented. These gradients were determined by demographic variables (i.e., age, gender and ethnicity), household conditions (i.e., income, wealth, housing space, financial strain, number of children, and living with a partner), individual characteristics (i.e., education, and employment sector), and the efficiency of neighbourhood facilities. These effects show how the coronavirus does not respect boundaries and unequally affects people. In this regard, our work aims at answering to some specific research questions: did the health inequalities and the inequality due to circumstances exacerbate during the second wave of the pandemic within and between the UK regions? Has the health inequalities trend been affected by the different implementation by regions of the second lockdown policy "Stay-at-home"? Is there a heterogeneous effect by gender of the impact of the second lockdown policy? To answer to these questions, our work uses the UK Household Longitudinal Study (UKHLS hereinafter) and a longitudinal panel COVID-19 survey that collects data on the impact of the coronavirus pandemic on UKHLS respondents, following the methodological choices done by Davillas and Jones (2020a) to measure the ex-ante inequality of opportunity in the physiological distress.

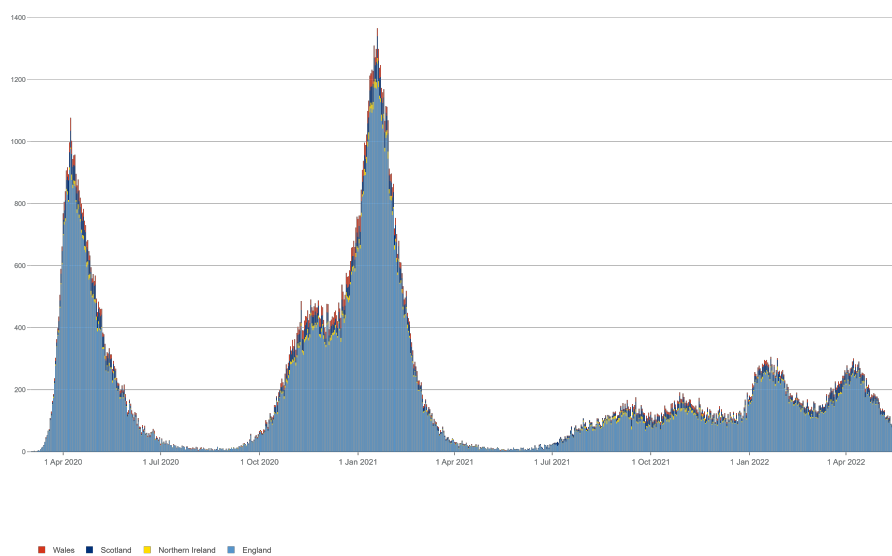
The first wave of the COVID-19 survey was sent out in April 2020 and a new survey was sent out monthly until July 2020, becoming bi-monthly from September 2020 to March 2021.

Our outcome of interest is the self-assessed general health status (SAH hereinafter), available for three of the eight waves of the COVID-19 survey, namely November 2020, January 2021 and March 2021. At initial stage, the SAH question allowed us to compute inequalities in the distribution of SAH in the UK regions before and during the second wave of the pandemic using the specific inequality measures developed for ordinal outcome (Allison and Foster (2004), Naga and Yalcin (2008), Cowell and Flachaire (2017), Jenkins (2020), Gravel et al. (2021)). Then, using the parametric approaches, i.e. the dissimilarity index developed by De Barros et al. (2009), and the modified version of it developed by Chávez-Juárez and Soloaga (2015), the SAH question led us to quantify the extent of inequalities due to different circumstances (i.e., gender, race, and parental occupation) that people cannot modify with effort and that influence their outcomes. Finally, the different implementation by the UK regions of the second lockdown policy allowed us to examine the heterogeneous effect of the COVID-19 pandemic between UK regions and by gender, using a difference-in-difference approach.

In Table A1 in the Appendix, a short description of the evolution of the COVID-19 in the UK until April 2020 is displayed, following what declared by the British Foreign Policy Group¹.

The United Kingdom, as well as others European countries, has been severely affected by the coronavirus outbreak, with several waves of deaths and confirmed cases of infection, as displayed in Figure 1. Many developed countries recorded a large number of deaths up to July 2020 and during the winter of 2020/2021, but the UK has a greater mortality rate than the other European countries due to the transmissible Alpha variant originating in the south-east England.

Fig. 1. Covid-19 deaths per day in the UK, from March 2020 to April 2022



Note: Figure downloaded from <https://coronavirus.data.gov.uk/details/deaths> (contains public sector information).

As mentioned by Blundell et al. (2022), among developed countries, the UK is the one with the highest level of income inequality and with inequalities persisting even before the pandemic. Indeed, the authors found that educational outcomes are differentiated by socioeconomic background and vulnerabilities related to health factors are correlated with economic disparities.

Several studies (Chu et al. (2020), Shadmi et al. (2020)) highlight how the COVID-19 pandemic has increased vulnerability to the coronavirus among people in the most disadvantaged social-economic status, affecting their health status and their well-being. In the UK, Chen and Wang (2021) analyse the impact of inequality-related health and social factors (i.e., pre-existing chronic conditions, household size and occupation), as well as COVID-19-related risk factors (i.e., confirmed cases, symptoms, and social distancing)

¹ <https://bfp.co.uk/2020/04/covid-19-timeline/>.

on well-being through a multiple linear regression model. The findings show an inverted V-shaped association between household size and well-being, in fact households until four persons experienced an improvement in well-being during the pandemic, while households of five or more people experienced a worsening of well-being. Concerning other health and social factors, it was found that respondents' long-term health conditions, mental health conditions and lower-skilled occupations harmed their well-being during the pandemic. Chen and Wang (2021) also highlight that policies should explicitly focus on low socioeconomic status groups, also through multi-sectoral support to ensure an accelerated and coordinated response to preserve the most disadvantaged groups in the event of future crises.

These studies led us initially to analyse the health inequalities in the COVID-19 era, to see if the infectious disease hits some population groups more than other, and finally to assess the impact of the second lockdown policy intervention on UK populations' health inequalities trends.

Concerning the latter assessment, to prevent the spread of COVID-19, a series of policy interventions have been adopted in the UK since the 23rd of March, when Boris Johnson announced the "Stay-at-home" order for UK residents. In this situation, it was possible to leave the house only for purchasing essential goods, to engage in outdoor activities once a day, for business trips and for medical reasons. All the non-essential businesses and schools were closed.

The remainder of the work is organized as follows. The first part of the paper analyses the health inequalities literature (section 2.1), data (section 2.2), empirical models (section 2.3) and results (section 2.4). The second part shows the literature (section 3.1), data (section 3.2), empirical model (section 3.3) and results (section 3.4) related to the policy intervention analysis. Finally, section 4 offers some conclusions and further extensions.

2 Health inequality analysis

2.1 Literature review

Health is a relevant dimension of welfare, the inequality of which affects inequality in other domains, such as income, labour, or education (World Bank (2006)). In the literature, the theory of inequality has been analysed in different contexts of human life, beginning with income distribution and income taxation to the health and healthcare system.

Inequality in health has many sources, not all of which are equally undesirable. Countries where income inequality is greatest, such as the UK, tend to have a lower life expectancy and higher infant mortality rates. Any measurable aspect of health that varies between individuals or socially relevant groups can be called *health inequality*, which is avoidable and unfair. Equality in health is achieved when there are no differences in the social-

economic results or between different population groups. However, some inequalities are due to biological conditions, whereas others are due to external factors. In the former situation, it is more difficult to achieve equality than in the latter.

Policymakers in both developed and developing countries aim to reduce inequalities in definite health outcomes, such as access to healthcare services and health insurance (Fajardo-Gonzalez (2016)).

The literature between the 1970s and 1980s discussed a different view of “equality” (i.e., egalitarian and anti-egalitarian) and the role of individual’s responsibility.

Beginning with Rawls (1971), several economists have proposed a release of egalitarianism that recognizes, rather than denies, the role of individual’s responsibility. The issue is how to set the factors for which one can be held responsible, and the fundamental question becomes: “*equality of what?*”. In this regard, some authors have wondered whether social justice might only be defined in relation to the distribution of individual preference satisfaction. In particular, Rawls (1971) proposes the concept of primary goods (e.g., basic liberties and rights, income and wealth) but these do not provide information on individual features. Furthermore, Rawls defines the principle of “*maximin primary goods*” to allocate the level of primary goods to the people who are worst off in society. In this way, primary goods became a means by which individuals were made responsible for their choices. Furthermore, Sen (1980) defines a person’s capability as set of functionings in which the individual is free to choose. For Sen (1980), what functionings were available to the individual are the expression of the opportunity component of his theory. In addition, Dworkin (1981) defines the concept of equality of welfare and the concept of equality of resources. The former does not hold individuals responsible for their preferences, because society does not owe them an additional amount of resources whether they have expensive tastes. The second concerns aspects of an individual’s physical and biological environment for which he should not be held responsible (i.e. attribute acquired at birth). Finally, Cohen (1989) argues that people are responsible for their preferences, contradicting Dworkin’s theory.

The development of the egalitarian theory (Fleurbaey (1994), Roemer (1996), Roemer (1998) and Fleurbaey (2008)) is a project carried out to replace the equality of outcomes theory, which refers to the distribution of the combined product of the person’s efforts and the particular circumstances in which this effort is made, with the equality of opportunity approach, which refers to the circumstances’ heterogeneity beyond the individual’s control that affects the results of the individual’s efforts and their levels.

The first major contribution in this field came from Roemer (1998) who idealises an approach that aims to reduce inequalities due to circumstances, such as gender, family background or ethnicity, for *levelling the playing field*. Roemer (1998) identifies two components in which the sources of an individual’s outcome can be separated: circumstances and effort. Circumstances are factors beyond the control of individuals (i.e., illegitimate sources of inequality), unlike effort which is dependent on the individual’s responsibility

(i.e., legitimate source of inequality).

In recent years, the inequality of opportunity theory has been the subject of much analysis in human life to reduce inequality through alternative policies. A policy whose focus is to achieve equal opportunity should give people an equal opportunity to achieve excellence. The major approaches used for the inequality of opportunity analysis are the direct approach (Kranich (1996), Ok (1997) and Herrero et al. (1998)), in which the set of individuals' opportunities is defined directly, and the indirect approach (Roemer (1993), Fleurbaey (1994) and Van De Gaer (1995)), which analyses equality of opportunity in the personal sphere of the individual and beyond.

The direct approach assumes that every individual is endowed with a certain set of opportunities, regarded as unrivalled and observable goods, but in practice opportunities are hardly observable because they are a set of hypothetical options that may or may not be exercised. For this reason, there are no empirical applications with the direct method, but with the indirect one. With the indirect approach, what is observed is not as much the distribution of opportunities as the consequences that occur as a result of a given distribution of opportunities.

Furthermore, the theory of inequality of opportunity is based on two principles: the principle of compensation and the principle of reward (Ramos and Van de Gaer (2012), Fleurbaey and Peragine (2013), Ferreira and Peragine (2013), Roemer and Trannoy (2016), Brunori (2016)). The former requires compensation for inequalities caused by circumstances, while the second requires a reward for individual efforts. Fleurbaey and Peragine (2013) define that the compensation can be done ex-post when the aim is to equalise outcomes for individuals with the same effort, and ex-ante when the aim is a redistribution from a more advantaged to a more disadvantaged type of individual, focusing on the outcomes' distributions for different sets of opportunities.

Among inequalities in health, those which are explained by circumstances during childhood or by parental characteristics are recognized as inequalities of opportunity in health and are considered the most unfair (e.g., social background, district of birth, ethnicity, parents' occupation and/or education).

In the health sphere, Rosa Dias (2009) adopts Roemer's framework using parental socioeconomic status and childhood health as circumstances, while health-related lifestyles and educational attainment are taken as efforts. Considering the self-assessed health in adulthood as the outcome, Rosa Dias (2009) uses stochastic dominance tests to reveal inequality of opportunity in the conditional distributions of the outcome for a cohort of British individuals born in 1956. The author argues that environmental factors, such as genetic endowment and parental income, are seen as illegitimate sources of health inequalities, whereas lifestyles (e.g. cigarette smoking, alcohol consumption, diet, and educational outcomes) are ethically justified by individual choice and are fair sources of inequality. Furthermore, all people with identical lifestyles should have the right to experience a similar health status, irrespective of their circumstances. In addition, Rosa Dias

(2010) highlights how conflicting theories exist on how childhood conditions influence long-term health. Particularly, life course models emphasise the impact of deprivation in childhood on adult health, while pathway models suggest the importance of health in the early years of life. Furthermore, Rosa Dias (2010) extends the analysis of inequality of opportunity to health outcomes different from the self-assessed health, such as long-standing illness, disability and mental health, intending to address the partial-circumstances problem.

The analysis conducted by Rosa Dias (2009) was even done by Trannoy et al. (2010), who analyses the inequality of opportunity in France, finding that by removing inequality due to circumstances, inequality could be halved. In addition, Donni et al. (2014) use a path-independent Atkinson's equality index with the aim of estimating inequality in adult health caused by circumstances.

Our work fits in this stand of literature. The studies by Rosa Dias (2009, 2010) focus on measuring inequality in health using inequality indices based on the mean of the distribution instead of on the median, as suggested by Allison and Foster (2004). In the mean-based model, inequality is seen as a deviation from the mean or is normalised using the mean, thus the relative sizes of the means and the inequality values may be affected by the re-scaling. In the median-based model, the median is always in the position where half the population has a self-assessed health status below it and half is above (or equal to) it, and changing the scale does not modify the relative position of the median.

The aim of the health inequality analysis is twofold: first, to measure the overall health inequality before and during the pandemic in UK regions, using some approaches developed for comparing the distribution of ordinal outcomes (i.e., Allison and Foster (2004), Naga and Yalcin (2008), Cowell and Flachaire (2017), Jenkins (2019), and Gravel et al. (2021)); finally, to measure how much part of inequality in the SAH's categories is due to different circumstances of individuals, following the ex-ante parametric approaches proposed by De Barros et al. (2009) and Chávez-Juárez and Soloaga (2015). Furthermore, the Shapley decomposition is implemented to identify which circumstances drive the inequality of health opportunity.

2.2 Data

Sample design. The data come from the UK Household Longitudinal Study (UKHLS) and the UKHLS COVID-19 survey (University of Essex, Institute for Social and Economic Research (2022, 2021)). At the time of writing, the UKHLS is a longitudinal household panel study with 11 waves from 2009 until 2020.

Particularly, for pre-pandemic data, we harmonise waves 9,10 and 11 of the UKHLS by obtaining only individuals aged 16+, living in the UK and responding in the year 2019. The COVID-19 study includes all UKHLS sample designs, except individuals who refused

or were unable to participate mentally or physically, and those with unknown postal addresses or living abroad.

The COVID-19 survey has 8 waves and from April 2020 to July 2020 was a monthly web survey, while from September 2020 to March 2021 the survey became bimonthly and only sample members who had completed at least one partial interview in one of the first four web surveys were invited to participate.

To account for unit non-response to the COVID-19 survey, we selected all individuals who responded to both the year 2019 and at least one of the three waves of the COVID-19 sample with non-missing data for the SAH question. We estimated a stepwise probit model for the probability of responding at least one of the COVID-19 waves to the SAH question among those in the year 2019 of UKHLS, using all circumstances and control variables as predictors. The predicted probabilities from this model are used to compute the inverse probability weights, which in turn are used to adjust the UKHLS baseline weights. These longitudinal weights are used for the years 2020 and 2021, while the cross-sectional weights are used for the year 2019. Taking only observations without missing values into account, we obtained an unbalanced pooled sample with 37,195 individuals, as shown in Table 1.

Tab. 1. Pooled sample considering individuals that are in the year 2019 of UKHLS and at least in one wave of COVID-19 sample

Pooled sample unbalanced			
<i>Waves</i>	<i>Freq.</i>	<i>Percent</i>	<i>Cum.</i>
2019	10,549	28.36	28.36
nov-20	8,902	23.93	52.29
gen-21	8,613	23.16	75.45
mar-21	9,131	24.55	100
Total	37,195	100	

Dependent variable. The outcome of interest is the self-assessed health status, a categorical variable taking values between 1 and 5 (poor, fair, good, very good and excellent) to the question *"In general, would you say your health is..."*. Data on this health outcome are reported in the waves 6,7 and 8 of the COVID-19 survey, leading us to use as period of analysis the second wave of the pandemic, also covering the literature gap in this period.

Circumstances variables. For the overall health inequalities, relevant circumstances for public policy are gender (equal to 0 for males, 1 for females), ethnicity (equal to 0 for whites, 1 for others) and parental occupation when the respondent was 14 years old (one categorical variable for each parent).

The latter is a relevant circumstance to better understand the impact of socioeconomic

status in childhood and is a relevant source of inequality of opportunity in health in several studies (e.g. Rosa Dias (2009, 2010), Davillas and Jones (2020b)). For each parent, a categorical variable is constructed whose reference category is the unemployed status and which assumes a value of 1 for administrative and elementary occupation, 2 for corporate and managerial status and 3 for missing data. The skill levels of the occupations used are based on the skill level structure of the Standard Occupational Classification (SOC) 2010.

Table A2 in the Appendix shows in the first part of the table the main descriptive statistics of the circumstances used for the health inequality analysis (i.e., gender, race, father's occupation and mother's occupation).

3 Empirical strategies

3.1 Comparisons of distributions of general health status

In the literature, several studies (e.g., Bangham (2019), Helliwell et al. (2019)) have considered subjective well-being variables (e.g., happiness and life satisfaction) as cardinal rather than ordinal data, thus applying the mean-based approach whose common measure of inequality is the standard deviation. However, the mean is not a stable reference point for ordinal data because changing the scale also changes the ranking of a pair of distributions (Madden (2010)). To analyse how health status is distributed among the population and how it changes as a result of policy interventions, we use ordinal rather than cardinal data. The use of objective data for analysing individual health status is not sufficient and data are often not available, hence self-reported health status data should be used.

As described by Wagstaff et al. (1991), several methods (i.e., range method, Lorenz curve and Gini coefficient) use the mean as a reference point for assessing spread across socio-economic groups, but with ordinal data the value of the mean is related to the scale used, hence the ordering of distributions according to their means or standard deviations is not robust to variations in the scale utilised.

Whatever the measurement is considered, first order stochastic dominance works as a tool to compare distributions according to the efficiency concept that is consistent with the notion of "increment" of efficiency by means of progressive transfer (i.e., Pigou-Dalton transfer or Hammond transfer) that reduces inequality (Fishburn and Vickson (1978), Gravel et al. (2019)).

To compare the distributions of an ordinal outcome (i.e., life satisfaction, self-assessed health status), a series of partial ordering models and indices have been developed to preserve the ordinal nature of data also considering that there is not an equivalent definition of the "mean" in an ordinal framework.

All of these partial ordering models and indices were adopted by Jenkins (2019) to com-

pare life satisfaction distributions between New Zealand and Australia, the UK, the USA, and South Africa, using data from the World Values Survey (WVS).

To the best of our knowledge, there are no empirical studies that have applied these partial ordering models and indices developed for ordinal outcome to health outcomes in the COVID-19 era, thus our work aims at contributing to this stand of literature. In particular, in our work we apply all these partial orderings and indices to measure the overall health inequality by comparing the distributions of general health status between England and Scotland, before and during the pandemic.

Partial ordering models. Allison and Foster (2004) envisage a median-based approach, initially proceeding with a partial sorting of the inequalities to analyse when one distribution is more widespread than another and then with a second sorting to indicate when the overall health level increases, using in the latter case the criterion of first-order dominance. The methodology has been criticised because it is based on a qualitative instead of a quantitative measurement of the state of health.

In our work, the health variable has five categories: poor, fair, good, very good and excellent. In this situation, we can proceed with the definition of a linear scale assigning each category a value from 1 to 5 or we can assume a concave scale with differences between one category and the other that vary in a decreasing manner. The choice of scale is arbitrary, but Allison and Foster (2004) try to understand if it is possible to use techniques to assess inequality of health independently of the scale adopted. To this end, the method of measuring inequality is analysed and then criticised, taking the average as a reference point to define differences between one category and another.

Detailed assumptions (i.e., first-order dominance and S-dominance criteria) and an example of the implementation of this approach are reported in Appendix AI.

In light of the limit of the Allison and Foster (2004)'s approach that considers progressive transfers keeping the median constant, more recent partial ordering approaches have been proposed by Jenkins (2021) and Gravel et al. (2021) and can be applied when distributions have different medians.

Following Shorrocks (1983)'s approach and considering the absence of the dominance results for the Cowell and Flachaire (2017) index (explained in detail in the next subsection), Jenkins (2021) defines the Generalized Lorenz curve (GL henceforth) for the status distribution \mathbf{s} as $GL(\mathbf{s}, p)$, where $p \in [0, 1]$ is the Lorenz curve corresponding to the distribution \mathbf{s} . Considering that each element of the status distribution is in ascending order, thus $s_1 \leq s_2 \leq s_3 \leq \dots \leq s_N$, Jenkins (2021), p.550, defines the GL as:

$$GL\left(\mathbf{s}, \frac{m}{N}\right) = \frac{1}{N} \sum_{i=1}^m s_i, m = 1, \dots, N \text{ and } GL(\mathbf{s}, 0) = 0 \quad (1)$$

The author argues that if all individuals in the same category have the same status (i.e. 1) the Generalized Lorenz curve is a 45° ray, without inequality between individuals. In

contrast, when the GL curve falls below this reference line (i.e. <1), there is inequality among individuals.

Finally, Gravel et al. (2021) define the so-called dual H -dominance criteria considering the ordinal nature of data and that only ranking between the categories is relevant despite the little information available in this regard. These criteria can be considered the ordinal counterpart of the Generalized Lorenz criterion proposed by Shorrocks (1983) and used to compare the distribution of a cardinal variable. Their criteria consider that whether there is an increment in density mass away from a specific level, the inequality of an ordinal variable rises, following the disequalizing "Hammond transfer" concept and the approach developed by Allison and Foster (2004) is an example. The dual H -dominance criteria is based on the construction of two curves identifying the fraction of the population that belongs to the lowest category, namely H^+ and H^- called by Jenkins (2021), whereas H and \bar{H} defined by Gravel et al. (2021). Then, for each higher category, a recursive process is adopted, in which the relative frequency of the population belonging to this category is added to twice the value assigned by the curve to the previous category.

A detailed description of this approach can be found in Appendix AI.

The differences in the elementary transformations of GL dominance and dual- H dominance criteria highlight the differences between them. Indeed, the GL dominance criterion does not define how individual status changes may occur in terms of shifts in the distribution of responses between scale levels (Jenkins (2021)). On the contrary, in the dual- H dominance approach, the elementary transformations are defined in terms of Hammond transfers looking to the spread of density mass between the scale levels.

Inequality and polarization indices. The degree of inequality and polarization is summarized through numerical indices generated following the idea of the spread around the median. Among these numerical indices, the AF polarization index proposed by Allison and Foster (2004) is obtained by making the difference between the average response of the category above the median and the average response of the category below the median, but this index depends on the scale. One of the properties of the polarization indices is that a greater spread around the median means a greater polarization, with X having a greater polarization than Y . Whether the pair of distributions have a common median and there is no F -dominance, hence S -dominance may arise.

Based on the index proposed by Allison and Foster (2004) that is scale dependent, Naga and Yalcin (2008) realised an index (i.e. ANY index) independent of the scale used, which is obtained as a weighted difference between the number of individuals in the categories above the median and those below it.

A different approach has been developed by Cowell and Flachaire (2017) who provide a multi-step approach to define an inequality index (i.e. $CF(\alpha)$) when the common-median requirement's assumption is relaxed by mapping the ordinal variable into a cardinal variable and applying well-known and well-accepted tools (i.e., second order stochastic dom-

inance criteria).

Cowell and Flachaire (2017) consider a different measure of the state by focusing on the definition of a "bottom-up inclusion state": each person belonging to category k is given a status equal to the value of the cumulative distribution (CDF) provided for that category k . The special feature of this approach is the independence of the scale assumed. In light of the absence of dominance results for the Cowell and Flachaire (2017) indices, Jenkins (2021) proposes the dominance of $CF(\alpha)$ inequality indices through a comparison of Generalized Lorenz curves, stating that if $GL_x < GL_y$, thus the GL curve for health status distribution x is below the GL curve for health status distribution y , then $CF_x(\alpha) > CF_y(\alpha)$ for all possible values of α .

In addition to that, Jenkins (2021) defines a new inequality index for ordinal data, namely J index.

A detailed description of all the indices proposed by Naga and Yalcin (2008), Cowell and Flachaire (2017) and Jenkins (2021) can be found in Appendix AII.

An interesting further extension of all these approaches could be related to the extension of the partial ordering models and inequality indices to the equality of opportunity framework.

3.2 Inequality of opportunity in health status: the ex-ante parametric approach

To measure inequality of opportunity, most researchers adopt the model defined by Roemer (1998) that considers circumstances and effort, where the former are beyond the individual's responsibility, while for the latter individuals should be held partially responsible. Inequality due to different levels of effort is ethically non-offensive (Checchi and Peragine (2010)), indeed it leads to different outcomes whose inequality might be desirable. On the other hand, inequality due to circumstances is ethically offensive because these factors cannot be changed by people through effort but still affect their outcomes. Fleurbaey and Peragine (2013) define two approaches applied in the field of equality of opportunity: the ex-ante and the ex-post approaches. The ex-ante approach is the one most commonly used when circumstances are known and individuals have made no effort. With this approach, the population is divided into *types* where individuals with the same circumstances belong to the same type. The ex-post approach assumes that effort is observed (e.g., lifestyle), then the population of interest is divided into *tranches* according to the level of effort exerted. Both approaches are equally valid, but in our work, we use an ex-ante approach because effort cannot be estimated due to a lack of variable information.

According to Roemer (1998)'s approach, a general health production function is defined as:

$$h(C, E(C, v), \mu) \tag{2}$$

where C identifies predetermined circumstances of individuals, E represents effort as a function of circumstances, v refers to the random variation of effort independent of C , and μ captures the random variation in the outcome that is independent of both C and E . Rewriting this function in terms of the distribution function, we obtain:

$$h_i \sim h(C_i, E_i(C_i, v_i), \mu_i) \quad (3)$$

where h_i is the health outcome for i^{th} individual, while C_i and E_i are circumstances and effort respectively. v_i and μ_i have the same interpretation as in equation 2. Assuming additive separability and linearity of $h(\cdot)$ and $E(\cdot)$, the linear reduction form is equal to:

$$h_i = \beta_\tau C_i + \epsilon_i \quad (4)$$

Where β is the coefficient representing the contribution of both direct and indirect circumstances through their impact on effort, assuming that the latter is a function of predetermined circumstances. After having identified the outcome, the circumstances and the effort, the next step requires the estimation of the counterfactual distribution \tilde{h} (Donni et al. (2014)).

There are three methodologies to assess ex-ante inequality of opportunity: non-parametric approaches (Checchi and Peragine (2010), Carrieri and Jones (2018)), parametric approaches (Bourguignon et al. (2007), De Barros et al. (2009), Juárez and Soloaga (2014), Chávez-Juárez and Soloaga (2015)) and semi-parametric approaches (Li Donni et al. (2015)). The parametric approach requires estimating the average effect of a certain circumstance on the outcome. In the absence of inequality of opportunity, circumstances should not matter and therefore the regression should have a low fit. Equality of opportunity requires that differences in outcomes due to circumstances, but not to effort, need to be eliminated. One shortcoming of the ex- ante approach is related to only lower-bound estimates of inequality of opportunity because the part of inequality due to unobserved circumstances might be attributed to the effort. In our work, following the parametric approaches proposed by De Barros et al. (2009) and Chávez-Juárez and Soloaga (2015) and used for dichotomous variables and ordered variables, we adopt a probit model² to estimate the conditional probability \tilde{h}_i of being in a certain category of health status based on our set of circumstances. The counterfactual predictions are the following:

$$\tilde{h}_i = P(h_i \geq \tau | C_i) \quad (5)$$

² For ordered variables, the probit model creates a new dummy variable for each level of the ordered variable.

where τ is the threshold and C_i is the circumstance matrix. The predicted probability of achieving the highest category of the health status \tilde{h}_i is the same for all individuals $i = 1, \dots, n$ with the same circumstances, while the variation in \tilde{h}_i is due to differences in the circumstances observed by individuals. Regardless of how the distribution function is estimated, an absolute measure of inequality of opportunity is defined using a common inequality measure $I(\cdot)$ applied to the vector of counterfactual health outcome \tilde{h} , namely:

$$\Theta_a = I(\tilde{h}) \quad (6)$$

Dividing the Θ_a by the same inequality measure enforced on the actual outcome vector, we obtain a relative measure of inequality of opportunity, namely:

$$\Theta_r = \frac{I(\tilde{h})}{I(h)} \quad (7)$$

The definition of the relative inequality of opportunity is only possible when the inequality measure $I(\cdot)$ is equally defined for \tilde{h} and h , hence for binary and ordered variables it cannot be computed because the actual outcome is binary, while the estimated probability is continuous.

To measure the inequality when the outcome is an ordered variable, we used the dissimilarity index (equation 8a) proposed by De Barros et al. (2009) and a modified version of it (equation 8b) proposed by Chávez-Juárez and Soloaga (2015), namely:

$$\begin{aligned} \text{a) } I(\cdot) &= \frac{1}{2N\bar{h}} \sum_{i=1}^N |\tilde{h}_i - \bar{h}| \\ \text{b) } I(\cdot) &= \frac{1}{2N} \sum_{i=1}^N |\tilde{h}_i - \bar{h}| \end{aligned} \quad (8)$$

where $0 \leq I(\cdot) \leq \frac{1}{4}$ and \bar{h} is the estimated conditional probability equal to $\bar{h} = \frac{1}{N} \sum_{i=1}^N \tilde{h}_i$. To obtain an indicator between 0 (no inequality) and 1 (maximum possible inequality), we multiply the equation 8b by 4 obtaining:

$$I(\cdot) = \frac{2}{N} \sum_{i=1}^N |\tilde{h}_i - \bar{h}| \quad (9)$$

These two methods differ because the one proposed by De Barros et al. (2009) guarantees scale invariance of the inequality of health opportunity measure, while the other proposed by Chávez-Juárez and Soloaga (2015) ensures translation invariance. These two approaches are the most widely used in recent empirical work for dummy variables and allow the researcher to apply, for instance, a non-parametric approach proposed by Checchi and Peragine (2010) by creating dummies for each type and using them as cir-

cumstances.

Chávez-Juárez and Soloaga (2015) highlight an important limitation of the scale invariance approach, namely that it does not permit to compare different countries or the same ones over time due to the impossibility of identifying differences due to changes in the average level of health from those due to variations in the link between outcome and circumstances.

The parameter that assures scale invariance of the dissimilarity index is the \bar{h} in the denominator. Removing it yields the modified version of the dissimilarity index that ensures the translation invariance property.

The use of one approach instead of another depends on the objective of the study. However, the scale invariant approach is preferable when the objective is to quantify the average health status, which is somewhat corrected for inequality, otherwise if the focus is on differences in the likelihood of health status or if one is trying to evaluate the evolution over time, the translation invariant approach is more appropriate.

Some existing studies in the literature (i.e, Fajardo-Gonzalez (2016)) tend to transform the self-assessed health status variable in a dummy variable before applying this parametric approach. However, in our work, we used both approaches by considering our health outcome as an ordered variable, choosing a threshold and constructing a dummy for each threshold, in order to have two estimates for each possible threshold. Furthermore, the aim is to determine the dissimilarity indices for each threshold, to identify how much part of inequalities, between countries and over time, is due to circumstances for each category of health status.

3.2.1 Shapley decomposition of the inequality of health opportunity

Carrieri and Jones (2018) propose decomposition-based approaches to measure inequality of opportunity in health, adapting Roemer's framework. First, they partitioned circumstances into *types*, whose circumstances are the same for each individual belonging to the same type; second, they estimated regressions of health outcomes on effort for each sub-sample. The latter raises a non-homogeneous set of coefficients which are used to decompose total inequality in health outcomes. Moreover, this method can simultaneously consider the compensation principle and the reward principle (Fleurbaey and Schokkaert (2009), Ramos and Van de Gaer (2012), Peragine and Ferreira (2015)). Carrieri and Jones (2018) use four biomarkers variables as outcomes, namely cholesterol, glycated haemoglobin, fibrinogen, and a combined ill-health index. They also use saliva cotinine as an effort variable and several indicators to measure healthy diet. The decomposition approach that can be adopted for measuring inequality of opportunity with ordered variables is the Shapley decomposition, which decomposes inequality of opportunity in a given country into its sources (Chantreuil and Trannoy (2013), Shorrocks et al. (2013), Juárez and Soloaga (2014), Fajardo-Gonzalez (2016)). To compute the Shapley value,

for all possible permutations of the circumstances, the inequality measure is estimated after computing the average marginal effect of each circumstance on the inequality of opportunity's measure. This decomposition is order-independent and the different components equal the total value. Furthermore, in our work, the decomposition is applied to the dissimilarity indices both before and during the response to the pandemic.

A detailed description of the decomposition approach adopted could be found in Appendix AIII.

3.3 Results

3.3.1 The overall health inequality

Distributions of self-assessed health status. Looking at the distributions of SAH in Figure A1 in the Appendix, considering the median value of the sample declared by individuals in both Scotland and England, before the pandemic the median is equal to 3. In 2019, the relative frequency of individuals reporting being in “excellent” health status in Scotland is higher than in England (19% vs. 9%). During the pandemic, the sample median changes in both regions to 4, except in March 2021, where the median is 3 for England and 4 for Scotland. Notably, in November 2020 the relative frequency of individuals reporting being in “very good” health status in Scotland has increased significantly (43%) compared to Scotland in 2019 (26%) and England in November 2020 (41%). The percentage of individuals reporting to be in “excellent” health status remained stable in both regions. Considering the median of the sample, the relative frequency of individuals reporting to be in “good” health status increased in January 2021 compared to November 2020 in Scotland, whereas the frequency of individuals reporting to be in “excellent” health status did not change much. Comparing England and Scotland, there are no significant differences between the two distributions in January 2021.

Finally, in March 2021, the relative frequency of individuals reported being in “very good” health status in England decreased compared to January 2021.

The results related to the health inequality analysis start with the dominance checks for a robustness point of view because it is useful to compare the distributions of the SAH to see if they can be ranked unanimously by all indices in a given family with common features. As suggested by Jenkins (2020), authors may disagree about the magnitude of differences emerging from different indices within the family, but it is difficult to disagree on the existence or non-existence of dominance.

For these reasons, the results initially show the data through a graphical representation of the dominance tests using the partial ordering models, and finally, there are all the polarization and inequality indices whose estimation must be consistent with the dominance results, and which tell us the magnitude of differences between groups. The inequality indices are especially useful when the dominance tests have not shown a dominance

between the pair of distributions compared.

3.3.2 Partial ordering models results

In this section, we display the overall inequality findings of the adopted partial ordering models.

CDF results. Recalling that there is F-dominance if country x (Scotland) first-order dominates country y (England), i.e. when $F(x) \leq F(y)$, either below or above the median. Looking at the cumulative distribution functions (CDF hereafter) in Figure A2 in the Appendix, for overall inequality, there is neither F-dominance nor S-dominance between Scotland and England in 2019, while Scotland first-order dominates England during the pandemic, especially in November 2020 and March 2021, because $F(x) \leq F(y)$, both below and above the median.

Removing the common-median requirement, we consider the Generalized Lorenz curve according to the Cowell and Flachaire (2017) and Jenkins (2021) indices.

GL results. Recalling that if the Generalized Lorenz curve of x (England) lies anywhere on or below that of y (Scotland), the inequality in the self-assessed health distribution is greater in x than in y for all members of the CF family of inequality indices and J index. In Figure A3 in the Appendix, for overall inequality in 2019, the $GL(x) \geq GL(y)$, hence England's self-assessed health distribution is more equally distributed than Scotland's. In contrast, during the pandemic the GL curves cross, thus in this case the inequality and polarization indices are useful to better understand the orderings between regions.

H-dominance results. Following Gravel et al. (2021), there is a dual dominance when H^+ and H^- curves of one country x are nowhere above the corresponding curves of another country y , and F-dominance implies H^+ -dominance.

Figure A4 in the Appendix shows that for the overall inequality in 2019 there is neither a dual dominance nor H^+ -dominance, whereas during the pandemic there is no a dual dominance, but there is H^+ -dominance, indeed the H^+ curve displays that Scotland is on or below England especially in November 2020.

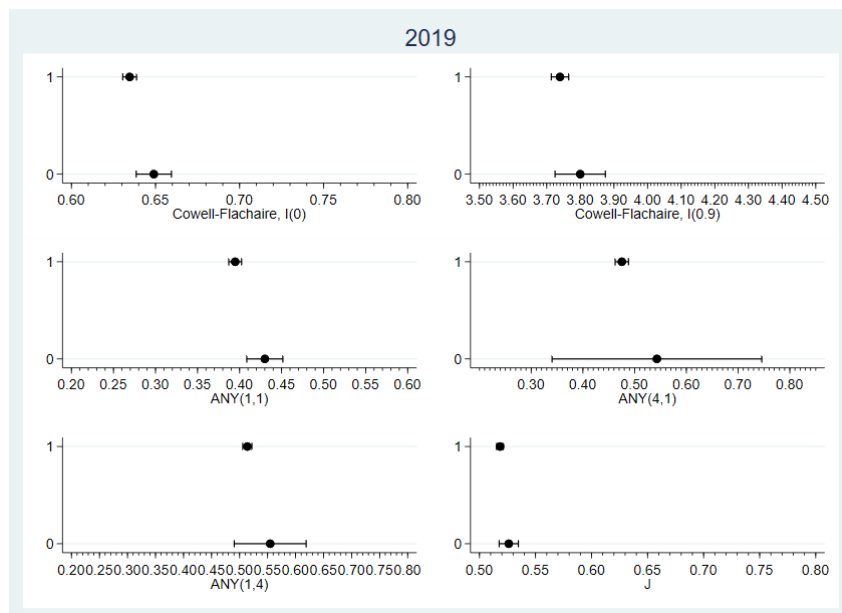
According to Jenkins (2021), we obtained that the rankings results of the GL criteria differ from those of the dual H-dominance criteria, thus also in this case the inequality and polarization indices are useful to better understand the orderings between regions.

3.3.3 Inequality and polarization indices results

This section displays for the overall health inequality the point estimates of polarization and inequality indices and their 95% confidence intervals. The latter are derived using

bootstrap standard errors with 500 replications and bootstrap weights³.

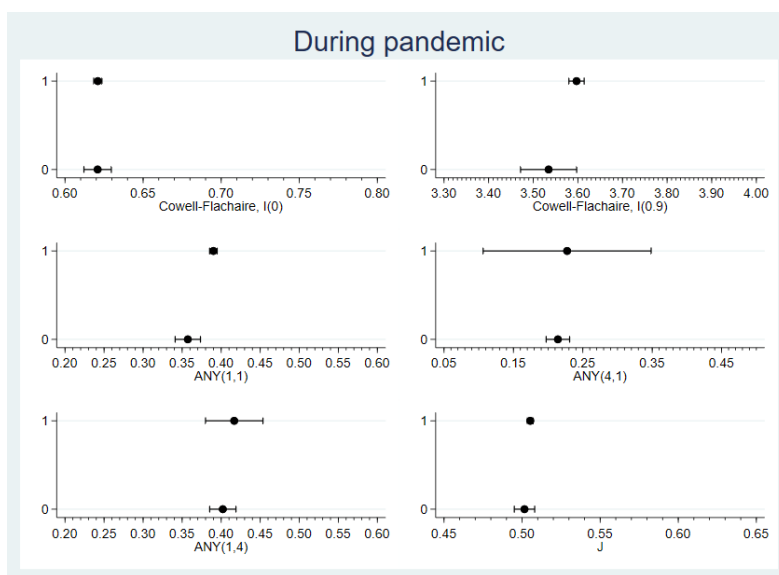
Fig. 2. Estimates of overall SAH inequality in England (1) and Scotland (0) before the pandemic



Looking at the $I(\alpha)$ and J estimates, Figure 2 shows that the overall health inequality is greater in Scotland than in England in 2019. In particular, the $I(0)$ displays that the difference in the health status inequality between Scotland (the most unequal region) and England (the least unequal region) is around 2%, while the $I(0.9)$ displays that the difference is around 1.65% and it is similar to J index. The rankings for ANY are similar to those for $I(\alpha)$ and J , also confirming the results of dominance tests, but the confidence intervals display that this dominance is not statistically significant, except for ANY(1,1). In particular, the difference in polarization between Scotland and England for ANY(1,1) is around 9%, for ANY(4,1) it is around 14% and for ANY(1,4) it is around 8%.

³ See Saigo et al. (2001) and Van Kerm (2013) for a detailed description of the methodology.

Fig. 3. Estimates of overall SAH inequality in England (1) and Scotland (0) during the pandemic



Looking at the $I(\alpha)$ and J estimates, Figure 3 displays that the overall health inequality is greater in England than in Scotland during the pandemic.

According to $I(0)$, there is no dominance between England and Scotland, the $I(0.9)$ displays that the difference in the health status inequality between England and Scotland is around 1.5%, and the J index displays that the difference is around 0.60%. The rankings of ANY are similar to $I(\alpha)$ but with different magnitudes and the differences are not relevant except for ANY(1,1). In particular, the difference in polarization between England and Scotland for ANY(1,1) is around 9%, for ANY(4,1) it is around 6%, and for ANY(1,4) it is around 4%. In this case, the GL and dual H-dominance tests displayed no dominance, thus these indices help to better understand the orderings between regions. In summary, this section shows that overall health inequality decreases within UK regions during the pandemic, while that between UK regions is highest in Scotland in 2019 while it is highest in England during the pandemic, except in November 2020 when it is higher in Scotland than in England (Figure A5 in the Appendix).

Due to this exception, we conduct in the second part of the work an analysis of the second lockdown policy intervention with the purpose of seeing if it contributed to health inequalities trends in UK regions. In this regard, the reduction in inequality within UK regions could be linked to the negative impact of COVID-19 policies that worsened the health status of individuals by reducing the distance between SAH categories. In particular, during the pandemic, people in Scotland were more supportive of public health restrictions, the Scottish Government tended to be more cautious than UK government in its approach to handling health restrictions, and Scottish people who became ill were more certain to receive the best treatment available⁴.

⁴ https://www.bsa.natcen.ac.uk/media/39484/bsa39_nhs-in-scotland-and-england.pdf

3.3.4 Inequality of health opportunity: the dissimilarity index and Shapley decomposition

In this section, we report the inequality of opportunity results obtained by estimating the probit model for each threshold (Juárez and Soloaga (2014)). In particular, Tables 2 and 3 display the marginal effect of the probit models for England and Scotland, both before and during the pandemic.

Tab. 2. Marginal effects for different categories of self-assessed health status in England over time

CIRCUMSTANCES	ENGLAND							
	2019	2020/21	2019	2020/21	2019	2020/21	2019	2020/21
	SAH \geq 2		SAH \geq 3		SAH \geq 4		SAH \geq 5	
Gender (Male=0)	-0.0127** (0.00506)	-0.00189 (0.00237)	-0.0106 (0.00998)	-0.00652 (0.00478)	-0.0117 (0.0118)	-0.0345*** (0.00664)	-0.00947 (0.00687)	-0.0131*** (0.00392)
Race (White=0)	0.00651 (0.00763)	0.00153 (0.00366)	0.00539 (0.0176)	0.000395 (0.00759)	-0.00868 (0.0226)	-0.0502*** (0.0106)	-0.0196* (0.0108)	0.00495 (0.00637)
Dad,Unemployed(=0)								
Dad – elementary occupation	0.0248 (0.0166)	0.0212*** (0.00810)	0.0115 (0.0285)	0.0270* (0.0144)	0.0669** (0.0337)	0.0533*** (0.0187)	0.00239 (0.0189)	-0.000542 (0.0108)
Dad- manager occupation	0.0266 (0.0162)	0.0251*** (0.00795)	0.0452* (0.0275)	0.0586*** (0.0140)	0.124*** (0.0328)	0.101*** (0.0182)	0.0165 (0.0185)	0.0183* (0.0106)
Dad-Missing data	0.00960 (0.0191)	0.0151* (0.00906)	0.00306 (0.0323)	0.0167 (0.0163)	0.0693* (0.0372)	0.0105 (0.0207)	0.00765 (0.0213)	-0.0106 (0.0116)
Mum,Unemployed(=0)								
Mum – elementary occupation	0.0190*** (0.00739)	0.00946*** (0.00324)	0.0270** (0.0131)	0.0301*** (0.00630)	0.0234 (0.0145)	0.0484*** (0.00825)	0.0155* (0.00821)	0.0105** (0.00458)
Mum- manager occupation	0.0266*** (0.00853)	0.0201*** (0.00359)	0.0798*** (0.0151)	0.0654*** (0.00722)	0.0910*** (0.0182)	0.108*** (0.0102)	0.0200* (0.0103)	0.0269*** (0.00601)
Mum-Missing data	0.0287*** (0.0105)	0.0142*** (0.00480)	0.0718*** (0.0204)	0.0542*** (0.00971)	0.0647*** (0.0245)	0.127*** (0.0135)	0.0148 (0.0141)	0.0307*** (0.00828)
Observations	9,487	23,974	9,487	23,974	9,487	23,974	9,487	23,974
Pseudo R ²	0.0100	0.0076	0.0065	0.0073	0.0060	0.0094	0.0028	0.0041

Standard errors in parenthesis *** p<0.01, ** p<0.05, * p<0.1

Tab. 3. Marginal effects for different categories of self-assessed health status in Scotland over time

CIRCUMSTANCES	SCOTLAND							
	2019	2020/21	2019	2020/21	2019	2020/21	2019	2020/21
	SAH \geq 2		SAH \geq 3		SAH \geq 4		SAH \geq 5	
Gender (Male=0)	0.00584 (0.0163)	0.0102 (0.00701)	-0.00473 (0.0287)	-0.00459 (0.0137)	-0.0407 (0.0356)	-0.0442** (0.0202)	-0.00448 (0.0232)	-0.0192 (0.0128)
Race (White=0)	0.0194 (0.0365)	-0.0346 (0.0358)	0.146*** (0.0445)	-0.0162 (0.0589)	0.181 (0.142)	0.0100 (0.0873)	-0.0208 (0.0945)	-0.0192 (0.0495)
Dad,Unemployed(=0)								
Dad – elementary occupation	-0.0475 (0.0386)	-0.0164 (0.0312)	-0.0823 (0.0967)	-0.0851** (0.0419)	-0.144 (0.113)	-0.168** (0.0670)	-0.145* (0.0840)	-0.0148 (0.0379)
Dad- manager occupation	-0.00706 (0.0339)	0.0224 (0.0288)	0.0320 (0.0920)	0.0208 (0.0379)	0.0701 (0.111)	0.0409 (0.0640)	-0.0889 (0.0842)	0.0603 (0.0387)
Dad-Missing data	-0.0230 (0.0384)	0.0269 (0.0279)	-0.000240 (0.101)	-0.0550 (0.0450)	0.0242 (0.124)	-0.0962 (0.0714)	-0.0640 (0.0953)	0.0190 (0.0391)
Mum,Unemployed(=0)								
Mum – elementary occupation	0.0102 (0.0273)	0.00835 (0.00897)	0.0665 (0.0420)	0.0652*** (0.0237)	0.0739 (0.0511)	0.0955*** (0.0301)	-0.0260 (0.0360)	0.000278 (0.0172)
Mum- manager occupation	0.0449* (0.0258)	0.00402 (0.0120)	0.0600 (0.0604)	0.0623** (0.0304)	0.0212 (0.0700)	0.0880** (0.0390)	0.0404 (0.0547)	0.0339 (0.0248)
Mum-Missing data	0.0152 (0.0357)	-0.00226 (0.00835)	0.0278 (0.0628)	0.0916*** (0.0334)	0.00498 (0.0778)	0.0995** (0.0446)	-0.0658 (0.0513)	0.00732 (0.0234)
Observations	1,015	2,560	1,015	2,560	1,015	2,560	1,015	2,560
Pseudo R ²	0.0225	0.0247	0.0183	0.0200	0.0205	0.0192	0.0210	0.0145

Standard errors in parenthesis *** p<0.01, ** p<0.05, * p<0.1

For England, all circumstances have the expected sign. The marginal effects are higher for "good" and "very good" health status. In 2019 and during the pandemic it can be observed that the parental occupation (especially of the mother) influences the probability of reaching a certain level of health status. In 2020, for "very good" and "excellent" health status, gender and race also become relevant circumstances.

Also for Scotland, all circumstances have the expected sign. The marginal effects are higher especially for "good" and "very good" health status. In 2019 and during the pandemic we can observe that the parental occupation influences the probability of reaching a certain level of health status (poor and excellent). In 2020, for "poor" health status, gender also becomes a relevant circumstance.

Figure A6 in the Appendix shows the cumulative distribution function of the estimated probabilities computed with the probit model by region and period. We can notice a relatively symmetric figure for regions and periods, in which almost all respondents have a likelihood greater than 0.9 of having at least a fair health status, both in England and Scotland and in both periods. The probability of having an excellent health status is less than 10% for almost 80% of respondents in England in 2019 and 70% during the pandemic, while is less than 20% for almost 95% of respondents in Scotland in 2019 and 75% during the pandemic.

For very good health status, we find approximately the full range of probabilities and a less condensed distribution. Furthermore, the predicted values computed with the probit regression are used for the inequality measure to provide a point estimate of inequality of opportunity (IOp hereinafter). Finally, Table 4 displays the computation of the dissimilarity index (pdb) proposed by De Barros et al. (2009), its modified version (ws) proposed by Chávez-Juárez and Soloaga (2015) and the Shapley decomposition of inequality in health opportunity before and during the pandemic, while Table A3 in the Appendix displays those results by each pandemic period.

Tab. 4. Comparison between absolute measures of inequality of opportunity for self-assessed health status categories and Shapley decomposition

Threshold	England				Scotland			
	2019 (sample weights)		During pandemic (own longitudinal weights)		2019 (sample weights)		During pandemic (own longitudinal weights)	
	Pooled		Pooled		pooled		Pooled	
	Pdb	ws	Pdb	ws	Pdb	ws	Pdb	ws
gsah5<FAIR (2)	0.005375	0.020477	0.002546	0.009865	0.006798	0.025685	0.005858	0.022726
gsah5<GOOD (3)	0.017383	0.054917	0.010261	0.034618	0.019188	0.061710	0.016118	0.055918
gsah5<VERY GOOD (4)	0.038178	0.067363	0.031869	0.064332	0.056106	0.108643	0.047246	0.108968
gsah5<EXCELLENT (5)	0.052259	0.019087	0.058816	0.021882	0.112353	0.055939	0.151533	0.082349
Observations	9,487	9,487	19,738	19,738	1,015	1,015	2,123	2,123
Shapley decomposition	%		%		%		%	
Group 1: Father's occupation	29.28		39.92		51.45		51.85	
Group 2: Mother's occupation	38.79		25.00		41.51		35.27	
Group 3: gender	21.01		30.80		4.64		11.03	
Group 4: Ethnicity	10.92		4.29		2.34		0.37	
TOTAL	100.00		100.00		100.00		100.00	

In Table 4, for each possible threshold of the ordered variable, two estimates are available. The first line provides the estimate for the IOp in the probability of having at least

a fair health status, the second and the third lines are for at least good and very good health status, and the last line is for excellent health status.

Looking at the dissimilarity index proposed by De Barros et al. (2009) it gives the impression that inequality of opportunity increases with the level of health status in both England and Scotland, before and during the pandemic. This suggests a focus on reducing the IOp of the highest level of SAH and illustrates well the strong link of this measure to the average level of health status.

The modified dissimilarity index proposed by Chávez-Juárez and Soloaga (2015) provides a different pattern, in which the highest level of inequality of opportunity is found for the middle categories, suggesting that attention should be paid to the latter.

Within regions IOp. In Table 4, considering the dissimilarity index proposed by De Barros et al. (2009), in England the estimated inequality of opportunity in the probability of reporting at least the highest health status does not vary so much between periods, while in Scotland it is highest during the pandemic.

However, considering the modified dissimilarity index proposed by Chávez-Juárez and Soloaga (2015), the estimated inequality of opportunity in the probability of declaring at least a good state of health (the intermediate category) is stable over time in both England and Scotland.

Between regions IOp. In Table 4, considering the dissimilarity indices, the estimated inequality of opportunity in the probability of declaring at least an "excellent" health status (De Barros et al. (2009)) or of reporting at least a "very good" state of health (Chávez-Juárez and Soloaga (2015)) is higher in Scotland than in England in both periods and especially in November 2020 during the pandemic (Table A3 in the Appendix).

The dissimilarity index values within regions are similar and suggest that a rather small amount of absolute health inequality is due to basic circumstances, confirming how the coronavirus affects individuals regardless of their basic circumstances.

In Table 4, looking at the Shapley decomposition of inequality of opportunity estimated with the dissimilarity index proposed by De Barros et al. (2009), the findings are shown by level and as percentages of total inequality of opportunity. In our work, in England, mother's occupation accounts for 39% of the total inequality of opportunity in 2019, while during the pandemic, father's occupation accounts for 40% of total inequality of opportunity. Ethnicity does not account for much in both periods.

In Scotland in 2019, parental occupation accounts for more than half of the total inequality of opportunity, with the father's occupation accounting for 51%. During the pandemic, father's occupation accounts for 52% of total inequality of opportunity. Ethnicity does not account for much, both in 2019 and during the pandemic.

Ferreira and Gignoux (2011) state that this decomposition must be considered with cau-

tion because circumstances may be correlated, leading to distorted coefficients. This might be tricky for the decomposition of relative circumstance contributions, while it is not for the estimation of the inequality of opportunity.

Considering these results, an analysis using other non-basic circumstances is required to better understand which types of pre-existing conditions (e.g., long-term health conditions or neighbourhood facilities) influence the self-assessed health status reported by individuals.

4 Policy intervention analysis

4.1 Literature review

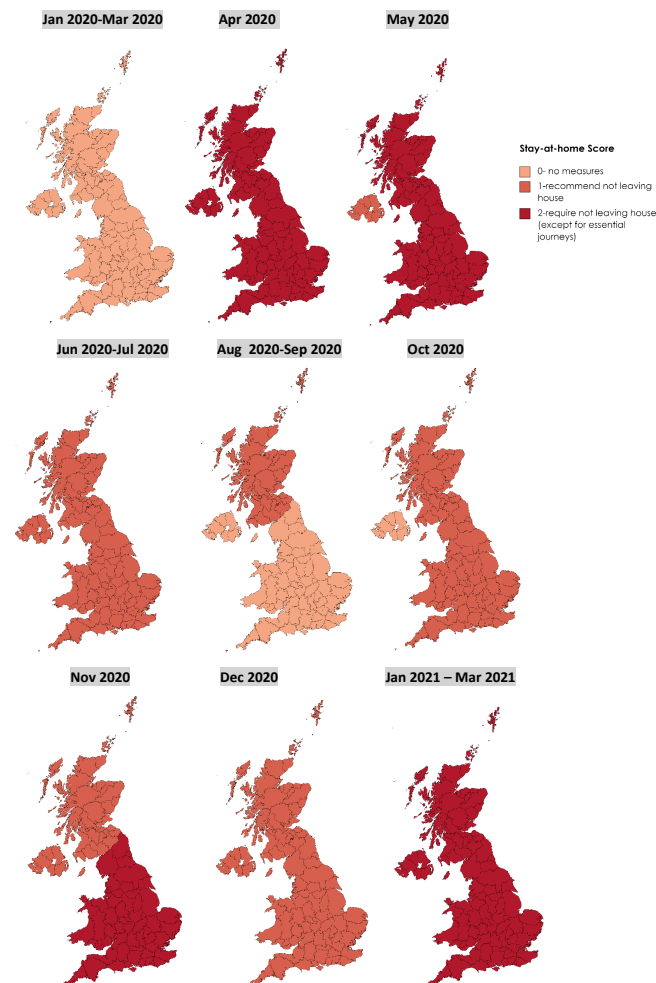
To face COVID-19, the Coronavirus Act 2020 was introduced in the UK on 25 March 2020⁵ to reduce the spread of the virus through several policy interventions. In the first phase of the pandemic, due to the absence of a vaccine, several non-pharmaceutical interventions (NPIs hereafter) were defined to reduce the incidence and prevalence of cases, hospitalisations rate, deaths and the transmission rate of the virus. In the first wave of the pandemic, the NPIs implemented were similar across the UK regions and were implemented simultaneously. Since May 2020, each region, due to the autonomy gained, has changed its approach by adopting different actions and legislation. The Oxford COVID-19 Government Response Tracker (OxCGRT) identifies COVID-19 measures in three categories (Cameron-Blake et al. (2020)): closure and containment, economic support, and public health policy measures. Of these, the only policy that has changed over time has been that relating to the first category (i.e., "Stay-at-home" order), the implementation of which has differed between the four UK regions. In our work, we analyse the impact of the second "Stay-at-home" measure to assess whether the different timing of the policy's adoption by the regions may affect the health status of the UK population. This policy has different times and duration in all the UK regions, as displayed in Figure 4. For each month of the COVID-19 pandemic, each region has different colours according to the severity or intensity scale of the policy, thus a value of 0 (light red) means there is no measure; 1 means there is a recommendation not to leave home, and 2 (dark red) indicates a "Stay-at-home" order, except for essential journeys.

As can be seen in Figure 4, "Stay-at-home" orders were most stringent in April 2020 for all four UK regions, in May 2020 for all regions except Northern Ireland, and from January 2021 to March 2021 for all UK regions. A significant exception is November 2020, when there was the second lockdown in England from 5 November to 16 November at a regional level and from 5 November for residents tiers. In the other regions of the

⁵ <https://www.legislation.gov.uk/ukpga/2020/7/contents>.

UK, the policy was recommended but not ordered. From January to March 2021 the "Stay-at-home" policy also becomes more intense in all other UK regions. Notably, the second lockdown order was introduced in Scotland from 5 January 2021 to 2 April 2021. This different application of the policy leads our work to analyse if the COVID-19 closure and containment measure has a significant impact on the general health status of the respondents, both in England with a stricter policy introduced in November 2020 and in Scotland with a less intense policy during the same period.

Fig. 4. Evolution of "Stay-at-home" orders in England, Scotland, Wales, and Northern Ireland



In the study *British Families in Lockdown* (Lau-Clayton et al. (2020)) sixty parents with different socio-economic backgrounds, religions, geographies and cultures were investigated mainly through telephone interviews about their experiences concerning employment, children's schooling, health, well-being, family life and so on during the initial stage of the first lockdown. The results show that some families were more resilient to the lockdown policy than others, experiencing less impact on their well-being, work-life,

education and health from government interventions, due in part to their flexible lifestyles in the pre-pandemic period. These types of family enjoyed more time together thanks also to lower work demands and supportive employers. Otherwise, families with greater work demands and additional pressures were less resilient, experiencing government restrictions differently. In particular, parents who worked in a critical sector with certain financial risks spent less time with their families, often also due to perceived insensitive employers. Furthermore, parents who were under home-working pressure and care for children had a negative impact in terms of work productivity, also affecting family relationships. In contrast, parents who experienced a positive home-working environment increased their productivity and also time spent with family, with the number of children in the household having a significant impact on individuals' self-assessed health status. As far as the division of roles between mother and father is concerned, there are no significant differences, except in home-schooling organizations. In the latter case, mothers usually have more responsibility than fathers, who are more helpful when there are children with difficult learning tasks. For this reason, when the number of children increases in the household, mothers may experience more anxiety and stress because they have to organise their children's home education, which may have a negative impact on their health. On the other hand, fathers may experience an improvement in their health status when the number of children increases, because they enjoyed creating new and fun activities for their children, also reducing the amount of time that children spend in front of video games and television. As for families with only one parent or with full-time employed parents, home education and childcare are more difficult, hence they may experience a worsening of health status, as may families with many younger children or with adult care responsibilities.

Regarding the general impact of the lockdown policy on health and well-being, there was an improvement in the early period because most people spent time outdoors, thanks also to the good weather, while still following government regulations. The number of takeaways and meals away from home reduced, increasing the demand for fresh food and diets for some families. On the other hand, some people drank more alcohol and practised less outdoor physical activities due to fear of the virus, worsening their health status.

In general, parents felt that staying at home with the children was a positive experience for their mental health, as children spent more time with their parents and siblings, increasing family relationships. On the other hand, for families with additional needs in the house (e.g., disabilities, one or more parents in need of care) working at home and home-learning became more difficult, worsening the health status of family members.

As far as inequalities are concerned, the study conducted by Lau-Clayton et al. (2020) on British families find no relevant results in terms of gender inequalities for families because they were harmonious, cooperative and without significant differences between mother and father attitudes. Inequalities are exacerbated for families with additional needs, which prior to the pandemic were accustomed to significant levels of support due

to physical or mental disabilities. BAME (i.e., black, Asian, and minority ethnic) families, experienced different racial tensions and home-schooling issues when English was not their first language, considering also the slow action of the UK government towards them.

Using the control variables described in section 3.2, our work aims to analyse whether these variables can significantly affect the general health status of individuals even during the second lockdown policy interventions, also looking at the heterogeneous effect by gender.

The analysis of the policy intervention is conducted both considering the long-term health conditions and without them, to see if this variable can significantly change the interpretation of our results, also taking into account the heterogeneous effect by gender.

4.2 Data

Sample design. The sample design is the same used for the health inequality analysis (section 2.2), but considering as period during the pandemic only November 2020. The cross sectional survey weights supplied with the UKHLS waves 9 and 10 were used for the analysis of policy intervention of the baseline data of year 2019.

Dependent variable. In order to reduce the number of missing values for the policy intervention analysis, the health variable was transformed into three categories (=1 poor and fair, =2 good, =3 very good and excellent).

The second aim of this work is to analyse if the “stay at home” policy, introduced on 5 November 2020 in England, and on 5 January 2021 in Scotland, has a impact on the health outcome and its inequalities evolution.

Table A4 in the appendix shows the number of observations in each region for the year 2019 and for November 2020.

To describe the probabilities of moving from one SAH category to another in a dynamic system, the transition matrices between SAH categories in England and Scotland are shown in Table 5 and Table 6. In Table A5 in the appendix the transition matrices are shown by region and by gender.

In the matrix, the rows represent the initial values and the columns reflect the final values.

Tab. 5. Transition matrix between SAH categories in England

SAH	Poor/Fair	Good	Very good/excellent	Total
Poor/Fair	67.89	27.38	4.73	100
Good	10.58	62.46	26.96	100
Very good/excellent	1.10	16.10	82.79	100
Total	15.42	33.78	50.80	100

Tab. 6. Transition matrix between SAH categories in Scotland

SAH	Poor/Fair	Good	Very good/excellent	Total
Poor/Fair	69.03	26.51	4.46	100
Good	9.62	60.64	29.74	100
Very good/excellent	0.79	12.76	86.45	100
Total	13.65	29.42	56.62	100

Comparing England and Scotland, there is a greater likelihood that individuals will maintain the same health status in the following year, and this probability is higher in Scotland than in England for individuals reporting poor/fair or very good/excellent health status, without substantial differences between gender in England (see Table A4 in the appendix).

Control variables. For the policy intervention analysis are considered the circumstances used for the health inequality analysis (i.e., gender, ethnicity and parental occupation) and other control variables defined mainly by following Davillas and Jones (2020a)'s choices and ethical judgement whose descriptive statistic is reported in Table A2 in the Appendix.

Alon et al. (2020) highlight the differential effects, due to social distancing, on the occupations and sectors for women. School closures and lack of access to childcare lead working mothers to change their occupation to a more flexible labour status.

Among the individual's variables, the educational level was constructed as a categorical variable that assumes the degree as the reference category, a value of 1 for A-level/post-secondary and O-level/secondary qualifications, and a value of 2 for elementary, other and no qualifications.

The variables identified as relevant in the COVID-19 pandemic are the following:

- *Neighbourhood features*, whose information was collected at Wave 6 of the UKHLS. Particularly, two dummy variables are used, one for medical facilities and another for leisure facilities. Both variables have a value of 0 if the neighbourhood has very good/excellent facilities and 1 if it is poor/fair;
- *Labour status* is included as a dummy variable that assumes a value of 0 if respondents are employed or self-employed, and 1 if are unemployed, retired or in another status (such as on maternity leave, family care or home, full-time student, long term sick or disabled, on apprenticeship);
- *Job sector*, which takes a value of 0 for services, 1 for production, 2 for construction and 3 for missing data on who is employed. This variable is used to identify if the respondents' occupation is in a sector that is most affected by COVID-19;
- *Financial strain* before COVID-19, equal to 0 for respondents living comfortably/doing

all right, and equal to one for other conditions (i.e., just getting by and facing difficulties);

- *Living with a partner*, a dummy variable that is equal to 0 if yes, 1 otherwise;
- *Housing space* variables, namely the number of beds in relation to the household size and the number of other rooms. These two variables are continuous and are good indicators of inequalities in housing space. The latter is a relevant factor determining the self-isolation capacity of the respondents;
- *Children in the household*, a dummy variable that assumes a value of 0 if there are no children, 1 if there are one or more children in the household;
- *The number of own children* in the household is a continuous variable;
- *Long-term health conditions*, a dummy variable that is equal to 0 if there are no LT health conditions, 1 otherwise.

In addition, other variables included as control variables are the GHQ-12 Likert score, an indicator of the subjective well-being level of distress, anxiety or depression problem, and life satisfaction. These variables could have an impact on general health status and were treated as continuous variables to reduce the number of missing values across SAH categories.

4.3 Empirical strategy

To analyse the impact of the lockdown policy on health outcome, a difference-in-difference approach is used, considering the general health status into three categories as the dependent variable and all control variables described in section 3.2 as independent variables. Following Hole and Ratcliffe (2021), the model adopted uses a difference-in-difference approach through an ordered logit model with a pooled data, constructing the treatment effect in relation to the response probability for a given category and presuming that at the level of the latent variable there are common trends. Given that each individual i has a potential outcome in each time t represented by the response categories, H_{it}^1 is the potential outcome with treatment (i.e. for individuals who reside in England), and H_{it}^0 is the potential outcome for the control group (i.e. for individuals who reside in Scotland). Furthermore, these potential outcomes are outed by some underlying unobserved potential latent indices, namely H_{it}^{1*} and H_{it}^{0*} , modelled as a function of group affiliation, time, and individual-level features:

$$H_{it}^{1*} = \beta_1 T_i + \gamma^1 P_t + x'_{it} \omega + \epsilon_{it} \quad (10)$$

$$H_{it}^{0*} = \beta_1 T_i + \gamma^0 P_t + x'_{it} \omega + \epsilon_{it} \quad (11)$$

where: T_i is equal to 1 if the individual is in the treatment group (i.e. England), zero if he/she is in the control group (i.e., Scotland); β_1 captures a time-invariant fixed effect of the treatment group, allowing the potential latent index to vary between individuals allocated to the treatment group, compared to those in the control group; P_t is equal to 1 if the period is post/during-pandemic (i.e., November 2020), zero if it is pre-pandemic (i.e., the year 2019); γ^1 represents the shifting in an individual's potential latent index under treatment group in the post-pandemic period; γ^0 refers to the shift in the control group; the difference between $\gamma^1 - \gamma^0$ is the treatment effect; x_{it} is a vector of individual features and ϵ_{it} is the error term, assumed to be i.i.d. standard normal.

Assuming a common trend at the level of the latent variable is necessary to display how the potential latent index is connected to the potential outcome and the probability of observing its value equal to a defined response category. Considering the potential latent index as:

$$H_{it}^s = j \quad \text{if} \quad \mu_{j-1} < H_{it}^{s*} \leq \mu_j, \quad j = 1, \dots, J \quad (12)$$

where s assumes a value equal to 0 or 1 to identify the two potential outcomes for each individual, j is one of the different ordered response categories varying from 1 to J (in our case from 1 to 3), μ_{j-1} and μ_j are the two threshold parameters assumed to be strictly increasing in j with $\mu_{j-1} = -\infty$ and $\mu_j = \infty$.

Further, the potential outcome's probability to be equal to the response category j is equivalent to:

$$p_{ijt} = E(I(H_{it}^s = j) | T_i, P_t, x_{it}) = F(\mu_j - E(H_{it}^{s*} | T_i, P_t, x_{it})) - F(\mu_{j-1} - E(H_{it}^{s*} | T_i, P_t, x_{it})) \quad (13)$$

where $I(\cdot)$ is the indicator function and $F(\cdot)$ is the standard normal cumulative distribution function for the ordered probit model, whereas it is equal to $\frac{e^z}{(1+e^z)}$ for the ordered logit model.

To define the treatment effect, it is required to focus on the average treatment effect on the treated (ATET), due to the impossibility of observing potential outcomes for each individual. The ATET is defined as the expected probability's difference of fulfilling a definite category's response between the two treatment states for a randomly chosen individual in the treated group, namely:

$$ATET_{p_j} = E(I(H_{it}^1 = j) - I(H_{it}^0 = j) | T_i = 1, P_t = 1) \quad (14)$$

To define the individuals' counterfactual response probability assigned to the treatment group, the common trend hypothesis in the latent variable explained in equation 11 can be used. By defining the expected potential latent index without treatment for the

treated group in terms of different potential latent index expectations, the common trends assumption involves:

$$\begin{aligned} E(H_{it}^{0*}|T_i = 1, P_t = 1, x_{it}) \\ = E(H_{it}^{0*}|T_i = 1, P_t = 0, x_{it}) + E(H_{it}^{0*}|T_i = 0, P_t = 1, x_{it}) - E(H_{it}^{0*}|T_i = 0, P_t = 0, x_{it}) \end{aligned} \quad (15)$$

The potential latent index is unobserved, but it is realised when it traces onto a realised and observed outcome. Following this terminology, equation 11 can be replaced by the following equation that converts the potential latent well-being into a realised latent well-being:

$$\begin{aligned} H_{it}^* &= T_i H_{it}^{1*} + (1 - T_i) H_{it}^{0*} \\ &= T_i(\beta_1 T_i + \gamma^1 P_t + x'_{it}\omega + \epsilon_{it}) + (1 - T_i)(\beta_1 T_i + \gamma^0 P_t + x'_{it}\omega + \epsilon_{it}) \\ &= \beta_1 T_i + \gamma^0 P_t + (\gamma^1 - \gamma^0) T_i P_t + x'_{it}\omega + \epsilon_{it} \end{aligned} \quad (16)$$

Replacing $\gamma^0 = \beta_2$ and $\gamma^1 - \gamma^0 = \beta_3$, equation 16 becomes:

$$H_{it}^* = \beta_1 T_i + \beta_2 P_t + \beta_3 T_i P_t + x'_{it}\omega + \epsilon_{it} \quad (17)$$

Following this approach, equation 15 becomes:

$$E(H_{it}^{0*}|T_i = 1, P_t = 1, x_{it}) = \beta_1 + \beta_2 + x'_{it}\omega \quad (18)$$

Thus, in the post/during-pandemic period the counterfactual response probability is obtained by:

$$E(I(H_{it}^0 = j)|T_i = 1, P_t = 1, x_{it}) = F(\mu_j - \beta_1 - \beta_2 - x'_{it}\omega) - F(\mu_{j-1} - \beta_1 - \beta_2 - x'_{it}\omega) \quad (19)$$

Finally, the ATET is estimated as:

$$\begin{aligned} \widehat{ATE}_{T_{p_j}} &= \frac{1}{N^1} \sum_{i=1}^N T_i P_t \{ [F(\widehat{\mu}_j - \widehat{\beta}_1 - \widehat{\beta}_2 - \widehat{\beta}_3 - x'_{it}\widehat{\omega}) - F(\widehat{\mu}_{j-1} - \widehat{\beta}_1 - \widehat{\beta}_2 - \widehat{\beta}_3 - x'_{it}\widehat{\omega})] \\ &\quad - [F(\widehat{\mu}_j - \widehat{\beta}_1 - \widehat{\beta}_2 - x'_{it}\widehat{\omega}) - F(\widehat{\mu}_{j-1} - \widehat{\beta}_1 - \widehat{\beta}_2 - x'_{it}\widehat{\omega})] \} \end{aligned} \quad (20)$$

where $N^1 = \sum_{i=1}^N T_i P_t$.

In the difference-in-difference theory, to estimate a reliable causal effect, the treatment group must have similar trends to the control group in the absence of treatment (i.e., identification assumption of parallel trend). However, with ordinal outcomes, the practice currently adopted by researchers is not very suitable (Yamauchi (2020)).

Particularly, to assess this assumption, researchers tend to transform a categorical outcome into a binary one by identifying a certain threshold and applying the standard DiD approach to this dichotomised outcome. Yamauchi (2020) demonstrates that the hypothesis of parallel trends can be satisfied in one transformation but not in another, and is not clear ex-ante which threshold should be chosen. This issue is compounded when the outcome has a larger number of categories, as in our work. Figure A7 in the Appendix shows the visual assessment of the parallel trends assumption, considering two transformations for the panel and pooled samples.

4.4 Results

Table 7 shows the results of the impact of the "Stay-at-home" policy intervention in terms of log odds, also considering the heterogeneous effects by gender.

- **Interaction term:** in all the models, except for male, the coefficients are statistically significant at a 10% level with a negative sign, telling us that the ordered log-odds estimated of being in a higher SAH category for people living in England during the COVID-19 pandemic are lower than those of people residing in Scotland, when the other variables in the model are held constant. The coefficient becomes statistically significant at a 5% level in the women's model when the long health conditions's variable is considered. Comparing men and women, the impact of the policy intervention is higher for women than for men;
- **Age and its squared value:** the age-squared variable allows us to more accurately model the effect of age, which can have a non-linear relationship with the independent variable. In this model, the effect of age is positive up to a certain point (i.e., 52 for pooled, 73 for male, 57 for female), and then becomes negative. This happens in all the models assuming that the effect is non-linear for age, but the coefficients are not statistically significant;
- **Ethnicity:** in all the models the ordered log-odds of being in a higher SAH for BAMEs are lower than those for whites people when the other variables in the model are held constant, and in all the models the coefficients are statistically significant at least at 0.01%;
- **Parents' occupation:**
 - *Father's occupation:* for all models without the LT health conditions variable, the estimated ordered log-odds of the comparison between individuals whose father was unemployed and individuals whose father was employed on expected SAH given the other variables are held constant in the model. The ordered logit of being in a higher SAH category for people whose father was employed is

higher than for people whose father was unemployed when the other variables in the model are held constant;

- *Mother’s occupation*: the ordered log-odds estimate of the comparison between individuals whose mother was unemployed and individuals whose mother was employed on the expected SAH, given the other variables held constant in the model. In the pooled and females models, the ordered logit of being in a higher SAH category for people whose mother had a low-skilled occupation level is lower than for people whose mother was unemployed when the other variables in the model are held constant. On the contrary, in all the models, the ordered logit of being in a higher SAH category for people whose mother had a high-skilled occupation level is higher than for people whose mother was unemployed when the other variables in the model are held constant. These latter coefficients are statistically significant at a 5% level in all the models except the men model.
- **Living with a partner**: the ordered log-odds for people who do not live with a partner of being in a higher SAH category are lower (more for males) than people living with a partner when the other variables in the model are held constant. This coefficient is statistically significant at a 5% level for females in the model without health conditions. This result confirms that single adult households are vulnerable to the lockdown policy, as well as multi-occupancy households;
- **Housing space**: a one unit increase in the number of bedrooms and other rooms would result in an increase (a decrease for women) in the ordinal log odds of being in a higher level of SAH, given all other variables in the model are held constant. The coefficient of the number of bedrooms is statistically significant at a 5% level in the pooled model without health condition and at a 10% level in the female model without health conditions, whereas the coefficient of the number of other rooms is statistically significant at a 10% level in the male model without health conditions. These results confirm that inequalities in housing space are important factors affecting people’s ability to self-isolate, as revealed in the pooled, male, and female models;
- **Children in the hh and their number**: the results confirm that school closure and the organization of home-schooling by women led to a decrease in the log odds of being in a higher level of SAH of females, while for men the number of their own children in the household increases the log odds of being in a higher level of SAH because they enjoy creating fun activities for their children;
- **Educational level**: individuals with higher educational attainment have better health compared to those with less education, as shown by Raghupathi and Raghupathi (2020) who in their study highlight that tertiary education has a relevant

impact on life expectancy. In addition, for the medium level of education, the negative effect is higher for males than for females, whereas for the low educational level the negative effect is higher for females than for males;

- **Neighbourhood facilities:** the presence of poor/fair medical and leisure facilities compared to the good/excellent ones has a negative correlation with the log odds of being in the higher SAH categories in all the models keeping other variables constant, and the coefficients are statistically significant at least at 0.01%;
- **Labour sector:** in all sectors there was a reduction in sales, mainly in recreation, accommodation and food services, administration and support, and transport and storage. Concerning the other productions, such as agriculture, utilities, information and communication, were less affected by lockdown. At the beginning of 2020, the sector of construction was the most affected by the coronavirus before recovering strongly, while the service sector has gradually recovered but remains below the level registered in February 2020 and closer to the pre-pandemic level. Our results show that respondents in the sectors most affected by COVID-19 have also fewer log-odds of being in the higher SAH categories, with a higher negative effect for males than females.

Finally, other unsurprising results emerge when looking at the impact of financial strain, high level of distress and the presence of long-term health conditions, which reduce the log odds of being in higher SAH categories, keeping the other variables in the model constant, with a greater effect for males than females. On the contrary, a one-unit increase in life satisfaction increases the log odds of being in a higher SAH category when the other variables in the model are held constant, with a greater impact for males than females.

Tab. 7. Coefficients estimate in log odds for pooled, male and female models using own longitudinal weights and the unbalanced data

	(1)	(2)	(3)	(4)	(5)	(6)
Self-assessed health status (Dependent variable)	Pooled (no hcond)	Pooled (hcond)	Male (no hcond)	Male (hcond)	Female (no hcond)	Female (hcond)
DD estimator						
England	-0.022 (0.294)	0.054 (0.310)	0.228 (0.384)	0.071 (0.400)	-0.096 (0.331)	0.081 (0.359)
Pandemic period	1.046**** (0.290)	1.112**** (0.303)	0.977** (0.394)	0.839** (0.405)	1.203**** (0.338)	1.333**** (0.366)
England × pandemic period	-0.513* (0.308)	-0.552* (0.317)	-0.347 (0.409)	-0.165 (0.418)	-0.706* (0.370)	-0.827** (0.389)
Demographic variables						
Age	-0.041 (0.026)	-0.023 (0.027)	0.001 (0.036)	0.020 (0.038)	-0.066* (0.034)	-0.049 (0.035)
Age squared	0.000 (0.000)	0.000 (0.000)	-0.000 (0.000)	-0.000 (0.000)	0.000 (0.000)	0.000 (0.000)
Female	0.050 (0.128)	0.035 (0.130)				
Ethnicity (= white reference)	-0.468*** (0.165)	-0.437** (0.179)	-0.413* (0.240)	-0.449 (0.276)	-0.500** (0.200)	-0.421** (0.212)
Parents' occupation (=Unemployed reference)						
Father:Skill level 2 and 1	0.059 (0.277)	0.035 (0.312)	0.084 (0.404)	-0.160 (0.383)	0.176 (0.320)	0.269 (0.373)
Father:Skill level 4 and 3	0.041 (0.265)	-0.029 (0.300)	0.243 (0.368)	0.004 (0.341)	0.072 (0.300)	0.086 (0.348)
Father: missing data	-0.434 (0.322)	-0.463 (0.353)	-0.165 (0.502)	-0.319 (0.502)	-0.456 (0.330)	-0.453 (0.381)
Mother:Skill level 2 and 1	-0.057 (0.159)	-0.003 (0.167)	0.209 (0.184)	0.253 (0.193)	-0.171 (0.183)	-0.134 (0.193)
Mother:Skill level 4 and 3	0.457** (0.194)	0.456** (0.188)	0.300 (0.246)	0.304 (0.256)	0.571** (0.245)	0.546** (0.231)
Mother: missing data	0.568** (0.261)	0.598** (0.269)	0.485 (0.368)	0.387 (0.391)	0.548** (0.252)	0.676** (0.270)
Neighbourhood variables (=good/excellent reference)						
Poor/fair medical facilities	-0.311* (0.161)	-0.297* (0.158)	-0.476** (0.189)	-0.463*** (0.177)	-0.254 (0.206)	-0.258 (0.207)
Poor/fair leisure facilities	-0.302** (0.134)	-0.374*** (0.134)	-0.310* (0.174)	-0.361** (0.171)	-0.307* (0.169)	-0.379** (0.172)
Individual variables						
Educational level (=degree reference)						
A Level/post-secondary, O-Level/secondary (GCSE)	-0.393*** (0.148)	-0.415*** (0.153)	-0.551*** (0.167)	-0.588**** (0.170)	-0.341* (0.195)	-0.358* (0.199)
Elementary, other and no qualification	-0.562*** (0.176)	-0.587*** (0.183)	-0.318 (0.245)	-0.318 (0.233)	-0.742**** (0.219)	-0.797**** (0.234)

Standard errors in parentheses

* $p < 0.10$, ** $p < 0.05$, *** $p < 0.01$, **** $p < 0.001$ *(Continue to next page)*

	(1)	(2)	(3)	(4)	(5)	(6)
	Pooled (no hcond)	Pooled (hcond)	Male (no hcond)	Male (hcond)	Female (no hcond)	Female (hcond)
Labour status (=employed or self-employed reference)						
Unemployed, retired and other	-0.209 (0.422)	-0.134 (0.391)	-0.130 (0.491)	-0.015 (0.463)	-0.204 (0.550)	-0.160 (0.496)
Industry sector (=services reference)						
Production	-0.368 (0.227)	-0.322 (0.240)	-0.758*** (0.263)	-0.743*** (0.279)	0.081 (0.382)	0.186 (0.375)
Construction	-0.142 (0.268)	-0.186 (0.271)	-0.190 (0.346)	-0.219 (0.349)	-0.129 (0.314)	-0.181 (0.276)
Missing data	-0.666 (0.441)	-0.619 (0.407)	-0.899* (0.512)	-0.870* (0.476)	-0.517 (0.573)	-0.445 (0.517)
Household variables						
Financial strain: Getting by or difficulties (=Comfort/all right reference)	-0.507*** (0.158)	-0.474*** (0.163)	-0.791**** (0.196)	-0.723**** (0.207)	-0.419** (0.200)	-0.408** (0.205)
No living with a partner (=Yes reference)	-0.211 (0.199)	-0.157 (0.201)	0.278 (0.276)	0.173 (0.315)	-0.447** (0.228)	-0.323 (0.232)
Number of other rooms	0.047 (0.058)	0.032 (0.059)	0.159* (0.091)	0.145 (0.102)	-0.013 (0.069)	-0.026 (0.068)
Beds to household size ratio	0.216** (0.101)	0.168 (0.104)	0.182 (0.142)	0.226 (0.166)	0.220* (0.117)	0.121 (0.113)
Children in household (=No reference)	-0.309 (0.363)	-0.322 (0.387)	-0.777* (0.419)	-0.779* (0.448)	-0.037 (0.458)	-0.050 (0.493)
Number of own children in household	0.232 (0.186)	0.190 (0.200)	0.851**** (0.245)	0.817**** (0.250)	-0.107 (0.208)	-0.155 (0.230)
Other control variables						
Life satisfaction	0.164*** (0.060)	0.165*** (0.064)	0.310**** (0.069)	0.317**** (0.065)	0.078 (0.078)	0.079 (0.086)
GHQ Likart scale	-0.117**** (0.016)	-0.112**** (0.016)	-0.106**** (0.016)	-0.100**** (0.015)	-0.130**** (0.020)	-0.125**** (0.021)
Long-term health condition		-1.067**** (0.140)		-1.127**** (0.178)		-1.071**** (0.186)
cut1	-3.946**** (0.979)	-3.846**** (0.999)	-1.274 (1.319)	-1.496 (1.327)	-5.631**** (1.211)	-5.390**** (1.290)
cut2	-1.896* (0.996)	-1.698* (1.027)	0.833 (1.325)	0.715 (1.332)	-3.543*** (1.233)	-3.207** (1.330)
Observations	15849	15849	6604	6604	9245	9245

Standard errors in parentheses

* $p < 0.10$, ** $p < 0.05$, *** $p < 0.01$, **** $p < 0.001$

Finally, in Tables 8 (with LT health conditions) and A6 (without LT health conditions), the difference in the marginal effect of the treatment group on outcomes between periods 0 and 1 represents the interaction effect. The results are very similar when considering health conditions and non-health conditions, thus we only comment Table 8 with long-term health conditions.

For poor and fair health status, in the pooled model the interaction effect is 5 percentage points higher for England than for Scotland, it is 1.7 percentage points greater for England than for Scotland for males and it is 7.7 percentage points higher for England than for Scotland for females. These results show that after the “Stay -at-home” policy

in England, the probability of poor and fair health status increases, but the interaction effects are not statistically significant.

For good health status, the interaction effect in the pooled model is 5 percentage points higher for England than for Scotland, it is 1.1 percentage points higher for England than for Scotland for males and it is 7.6 percentage points greater for England than for Scotland for females. These results show that after the “Stay-at-home” policy in England, the probability of good health status increases, and the interaction effects are statistically significant at 0.10% level in the pooled and female models.

Finally, for very good and excellent health status, the interaction effect in the pooled model is 10 percentage points less in England than for Scotland, it is 3 percentage points less in England than for Scotland for males, and it is 15 percentage points less in England than for Scotland for females. These results show that after the “Stay-at-home” policy in England, the probability of very good and excellent health status decreases, and the interaction effect is statistically significant at a 10% level in the pooled model, and at a 5% level for females. For all predicted outcomes, the post-treatment period has on average higher marginal effects of treated group.

Tab. 8. Average marginal effects coefficients for each outcome considering the long-term health conditions

General health status	Poor and fair			Good			Very good and excellent		
	<i>Pooled</i>	<i>Men</i>	<i>Women</i>	<i>Pooled</i>	<i>Men</i>	<i>Women</i>	<i>Pooled</i>	<i>Men</i>	<i>Women</i>
<i>Pre-pandemic</i>	-0.0074	-0.0092	-0.0111	-0.0028	-0.0035	-0.0038	-0.0102	0.0127	-0.0149
<i>During pandemic</i>	0.0456****	0.0086	0.0665****	0.0486****	0.0083	0.0728****	-0.0943****	-0.0169	-0.1393****
Treatment effect	0.0531	0.0179	0.0776	0.0514***	0.0118	0.0766***	-0.1045*	-0.0296	-0.1542**
Observations	15,849	6,604	9,245	15,849	6,604	9,245	15,849	6,604	9,245

Standard errors in parentheses

* $p < 0.10$, ** $p < 0.05$, *** $p < 0.01$, **** $p < 0.001$

Combining the policy intervention analysis results and those related with the health inequality, looking to the Figure A5 in the Appendix we can notice that in November 2020, when the second lockdown policy was implemented as order only in England, the overall health inequality was higher in Scotland than in England because the probability of very good and excellent health status decreased in England reducing also the disparity between the health status' categories (Table 8). From January 2021 the policy was implemented in all UK regions and the health inequalities was higher in Scotland than in England. With respect to the inequality of health opportunity, the monthly results in Table A3 in the Appendix display that England is unequal than Scotland in all the periods except in November 2020, as well as for the overall health inequality.

5 Conclusion

Several studies have compared health inequality between countries using harmonised data, but very few studies also analyse equality of opportunity in health at the same time (Jusot and Tubeuf (2019), Davillas and Jones (2020a)).

Among the advantages of using the SAH methodology is that it allows individuals to determine for themselves the importance of various health measures, instead of randomly assigning a weight to components. Further advantages derive from the effectiveness of the method as an objective measure of health status and the existence of a sufficient number of examples to answer the different questions. In contrast, disadvantages include the adoption of independently determined and non-objective data.

Our work is the first to track inequality in overall self-assessed health status using the models that preserve the ordinal nature of the data and inequality due to different circumstances by adopting the dissimilarity index with an ordinal outcome. In this regard, a comparison of SAH distributions was performed with the aim of analysing whether health inequality increased during the pandemic compared to 2019.

While most comparative works have concentrated their attention on analysing the inequality indices, in our work we also compared inequality between UK regions using several partial ordering models (i.e., cumulative distribution function, generalized Lorenz curve, dual H-dominance) that better display the data and help defining whether or not dominance exists between regions and over time.

The results show that within UK regions the overall inequality decreases during the pandemic, while the absolute measure of inequality of opportunity does not change much over time. However, the comparison of SAH distributions between regions displays different results. Particularly, the patterns of partial orderings models, polarization indices, and inequality indices display that before the pandemic, in terms of overall inequality, the dispersion of SAH responses was greater in Scotland than in England, whereas during the pandemic a reverse result is obtained. The absolute measure of inequality of health opportunity of declaring a "very good" health status is higher in Scotland than in England in both periods.

Both within and between UK regions, the dissimilarity index values suggest that a rather small amount of absolute health inequality is due to basic circumstances, confirming how the coronavirus affects individuals independently of their basic circumstances.

Looking at the Shapley decomposition results, among circumstances, parental occupation accounts for more of the total inequality of opportunity in both regions and in both periods, while ethnicity accounts less.

Considering the different health inequalities results obtained within and between regions, an analysis of the second lockdown policy has been done in order to better understand if the different policy implementation by regions can affect the health inequalities evolution. The findings show a reduction in the probability of being in the highest SAH categories

by 10 percentage points for people residing in England compared to those residing in Scotland during the second lockdown policy intervention that was introduced as an order in England in November 2020 and since January 2021 in all the UK regions. Furthermore, considering the long-term health conditions, the probability of being in the highest SAH categories is reduced by 15 percentage points for females compared to males. Looking at the coefficients estimated in log odds, the control variables have the expected sign. In particular, the mother's occupation when the respondent was aged 14 has a significant impact on the likelihood of being in the highest SAH category, as well as ethnicity, the number of beds in the household, the educational attainment of respondents and the efficiency of the neighbourhood facilities.

Interesting results are obtained for people who live with a partner because women experience a worsening of their health status in the model without long-term health conditions, while men experience an increase in the probability of being in the highest SAH category. Furthermore, our findings confirm that the number of children in the household has a different impact on parents. Indeed, more children in the household tend to reduce the probability of being in the higher SAH category for women, because they manage the school organization, while the opposite result is obtained for men because they enjoy creating new fun activities with their children. For the labour sector, men engaged in the production sector were mainly affected during the second wave of the pandemic, with a significant worsening of their health status.

Finally, when examining both models with long-term health conditions and non-long-term health conditions, this control variable changes the impact on the self-assessed health status mainly for women than men because the variables related to the number of beds and living with a partner become statistically insignificant.

As further extensions of the first part of the analysis, it could be interesting to use the non-parametric approach proposed by Checchi and Peragine (2010) by constructing the counterfactual health status using the median of types instead of the mean to define the vectors of the between-type inequality and within-type health inequality. Furthermore, other non-basic circumstances, but relevant during the COVID-19 era, such as long-term health conditions and the condition of neighbourhood medical and leisure facilities, could be considered to estimate inequality of opportunity, to analyse if these circumstances matters more than basic ones. Finally, a different decomposition approach could be adopted for the indices used for an ordinal outcome (Kobus and Miłoś (2012)), analysing health inequality before, during and after the pandemic by also considering the heterogeneous effect by gender.

As possible extensions of the second part of the analysis, it might be useful to deeply investigate the differences at regional level in the UK exploiting the discontinuities across regions for further heterogeneous analyses. Knowing the labour sector of respondents, it might be useful to analyse the impact of home working on the probability of being in the highest SAH category, considering the heterogeneous effect by gender and by area.

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Appendix

AI. Partial ordering models

Allison and Foster (2004)'s approach

Following Allison and Foster (2004), we assume a given population distribution represented by the vector $x = (x_1, x_2, \dots, x_n)$ where n is the fixed number of categories and x_i is the number of observations in each category i .

Adopting a positive linear scale with vector $c = (c_1, c_2, \dots, c_n)$ that assigns to category i a numerical value c_i , assuming that the category with a higher value in terms of health has a higher value of c , namely $c_i > c_j$ with $i > j$, the mean reference point of the distribution x is determined as follows:

$$u(x; c) = \frac{x_1 c_1 + x_2 c_2 + \dots + x_n c_n}{x_1 + x_2 + \dots + x_n}$$

With this methodology, inequality is calculated through the variance method, the Gini coefficient, the Atkinson measure and many other methods that consider the mean as a reference point. To calculate the level of health in the population, it is possible to consider the average as an indicator, calculating the relative inequality obtained by dividing the observations by the average to normalise the distribution. This step makes it easier to compare distributions with different levels of social health.

For example, given two distributions x and y , with four health status categories, namely poor, fair, good, excellent, and a total of 12 observations with the same integer linear scale c , namely:

$$x = [2, 3, 4, 3]$$

$$y = [3, 3, 2, 4]$$

$$c = [1, 2, 3, 4]$$

The means of the two distributions x and y are, respectively:

$$u(x; c) = \frac{x_1 c_1 + x_2 c_2 + x_3 c_3 + x_4 c_4}{x_1 + x_2 + x_3 + x_4} = \frac{(2*1) + (3*2) + (4*3) + (3*4)}{2+3+4+3} = \frac{32}{12} = 2.67$$

$$u(y; c) = \frac{y_1 c_1 + y_2 c_2 + y_3 c_3 + y_4 c_4}{y_1 + y_2 + y_3 + y_4} = \frac{(3*1) + (3*2) + (2*3) + (4*4)}{3+3+2+4} = \frac{31}{12} = 2.58$$

Therefore:

$$u(x; c) > u(y; c)$$

Considering a non-linear scale $c = [1, 2, 3, 8]$ for the same distributions x and y , the means become:

$$u(x; c) = \frac{x_1 c_1 + x_2 c_2 + x_3 c_3 + x_4 c_4}{x_1 + x_2 + x_3 + x_4} = \frac{(2*1) + (3*2) + (4*3) + (3*8)}{2+3+4+3} = \frac{44}{12} = 3.67$$

$$u(y; c) = \frac{y_1 c_1 + y_2 c_2 + y_3 c_3 + y_4 c_4}{y_1 + y_2 + y_3 + y_4} = \frac{(3*1) + (3*2) + (2*3) + (4*8)}{3+3+2+4} = \frac{47}{12} = 3.92$$

In this situation, a reversed distributional ordering is obtained, indeed:

$$u(x; c) < u(y; c)$$

Therefore, the order of x and y with this method may depend on the scale used, but not always, thus normalising the SAH index using the mean would lead to problems, as the mean is highly sensitive at the time when the scale considered changes.

We can therefore say that, given two distributions x and y , x dominates first order y (xfy) whether:

$$X_k \leq Y_k \text{ for all } k = 1, \dots, n \quad (\text{A.1})$$

Where $X_k = \frac{\sum_{i=1}^k x_i}{\sum_{j=1}^n x_j}$ represents the cumulative share of the population in the lowest category k of x and Y_k is the cumulative share for y . Thus, if xfy means that y has a higher percentage of the population in the lowest k categories than x . Equation A.1 represents the first-order downward dominance criterion, given by the cumulative distribution function (CDF) where X_k and Y_k are the cumulative probabilities associated with the value c_k . The first theorem of Allison and Foster (2004) states that a distribution x dominates y if and only if for a particular scale c first-order dominance is a sufficient condition to have the mean of x as large as the mean of y .

This result, however, does not indicate the possible infinite number of scales that could be used to calculate the average well-being, but it does point to the existence of scale robustness.

Another concept discussed by Allison and Foster (2004) is the ‘‘S-Dominance’’ criterion, which shows how the distribution x has a greater diffusion away from the median than the distribution y , whereby y dominates x (ySx) if and only if:

- x and y have the same median;
- for each category k below the median, the cumulative share of the population in the lowest category k of x must not be less than the cumulative population share in the lowest category k of y . In terms of CDFs, $F(x) \geq F(y)$ up to the common median;
- for all categories on and above the median, the cumulative share of the population in the lowest category k of x must not be greater than the cumulative share of the population in the lowest category k of y . In terms of CDFs, the $F(x) \leq F(y)$ above the median.

For example, considering the previous distributions x and y with a linear scale c and a population of 12 respondents, namely:

$$x = [2, 3, 4, 3]$$

$$y = [3, 3, 2, 4]$$

$$c = [1, 2, 3, 4]$$

Going from the lower to the higher category, the population share is higher for the distribution y than x , indeed for the first two categories we have:

$$Y_1 = \frac{3}{12} > X_1 = \frac{2}{12}$$

$$Y_2 = \frac{6}{12} > X_2 = \frac{5}{12}$$

And so on, up to the fourth category where the sum coincides. Consequently, x first-order dominates y (xfy) and therefore the first theorem by Allison and Foster (2004) is respected as x has a higher average health than y for all c scales. However, the best scale-independent approach to measure health inequality is the median approach. Considering now the same distributions used before for the mean-based model:

$$x = [2, 3, 4, 3]$$

$$y = [3, 3, 2, 4]$$

$$c = [1, 2, 3, 4]$$

The median, by definition, is a space in which the population is at the centre (i.e., the 50th percentile), hence the point where the median is always located in the same position dividing the population in half. In fact, to the left of the median we find the lowest health status, to the right the higher one. Therefore, the median value remains unchanged if the scale considered changes.

In the previous example, the median is:

$$m(x; c) = m(y; c) = 2, 5$$

In this case, comparing the cumulative distributions of continuous functions is useful for discrete rather than continuous distributions.

Gravel et al. (2021)'s approach

H-dominance criterion unifies equity and efficiency concepts through, respectively, Hammond transfers and increments and identifies not only the reduction of inequality but also the social improvement (Gravel et al. (2021)). Adopting the notation used by Gravel et al. (2021) and considering two CDFs of the distributions x and y , to have H^+ -dominance, the dominating distribution x need to have an H^+ curve nowhere above and somewhere below that of the dominated one y (Gravel et al. (2021), p.36), namely:

$$H_x^+ < H_y^+ \tag{A.2}$$

Furthermore, the authors state that *having a distribution that H^+ -dominates another is equivalent to the possibility of going from the latter to the former by a finite sequence of Hammond transfers and/or increments in the variable* (Gravel et al. (2021).p.36). In addition, the authors define the concept of dual dominance through the definition of a distribution curve H^- . This curve is constructed like the H^+ curve, but instead of initiating from the below category, it starts from the above, cumulating the *survival function* (Gravel et al. (2021), p.36) instead of the cumulative distribution function. Considering two cumulative survival functions x and y and going from the dominated to the dominating distribution through a finite sequence of either Hammond transfers and/or decrements, the H^- dominance is defined. Following the *theory of majorization* (Marshall et al. (2011)), to have a dual-dominance result for distribution x being more equal than y and following the "Hammond-transfer" criteria, is required an intersection between the H_x^+ curve, that needs to be nowhere above the H_y^+ curve, and the H_x^- curve that needs to be nowhere above the H_y^- , namely:

$$\begin{aligned} H_x^+ &< H_y^+ \\ H_x^- &< H_y^- \end{aligned} \tag{A.3}$$

Further, F -dominance also implies H^+ -dominance. However, also this approach has some limits. First of all, the approach deals with a fixed number of categories and the criterion is dependent of this number, thus when the number of categories converges to infinite, the criterion H^+ -dominance converges to leximin and becomes more inequality averse (Gravel et al. (2021))⁶. Finally, a shortcoming of this approach is related to the absence of any connection with a particular index that guaranteed to be Hammond-transfer-consistent.

All. Inequality and polarization indices

Naga and Yalcin (2008)'s index

Following the notation used by Naga and Yalcin (2008) p.1620, the index is:

$$I_{\alpha,\beta} = \frac{\sum_{i < m} F_i^\alpha - \sum_{i \geq m} F_i^\beta + (n + 1 - m)}{k_{\alpha,\beta} + (n + 1 - m)}, \alpha, \beta \geq 1 \tag{A.4}$$

where:

- F_i is the cumulative distribution function considering as frequency distribution $x_i = (x_1, x_2, \dots, x_n)$ in class c_i ;

⁶ All the other partial ordering models and the inequality indices do not have this issue.

- X is the proportion of individuals in the cumulative distribution function;
- $k_{\alpha,\beta} = (m-1)\frac{1}{2}^\alpha - [1 + (n-m)\frac{1}{2}^\beta]$ is a normalisation which ensures that $I_{\alpha,\beta} \in [0, 1]$ with the inequality reaching its minimum value when everyone is in the same category and its maximum value when half of the population is in the lowest category and the other half in the higher one;
- n is the number of categories i which can be ordered $1, \dots, n$;
- m is the median category;
- α and β are two parameters that attribute weights to the upper and lower part of the distribution.

Each member of the ANY index family (α, β) assumes a value between 0 (in the case of equality) and 1 (in the case of total polarization). The higher the weight attributed to the bottom half of the distribution, the greater will be β and vice versa. The ANY index (α, β) may have members with a lower or higher sensitivity.

Given a linear scale $c = (1, 2, 3, \dots)$, the ANY index $(1, 1)$ is interpreted as an average jump index, namely an index indicating the average number of jumps required to change position from the observed to the median level, standardised by the total number of categories. Thus, the ANY index $(1, 1)$ is equal to the Allison-Foster index divided by the total number of categories minus one. For example, ANY(1,2) and ANY(1,4) give increasing weight to the bottom half of the distribution in the evaluation of the overall polarization.

Cowell and Flachaire (2017)'s index

The first step of the multi-step approach requires defining the "status" of each individual given by $s \in S \subseteq \mathbb{R}$ based on the responses obtained as an ordinal variable. Considering the status distribution as a vector $\mathbf{s} \in S^n$, where n is the population size, then the total inequality is determined after summing up the distances between each state of the person s and a reference value of the state $e \in S$, namely $d(s, e)$ where $d : S^2 \rightarrow \mathbb{R}$ is a specific distance function.

The order of inequality developed by Cowell and Flachaire (2017) p. 297, given five axioms (i.e., continuity, monotonicity in distance, independence, anonymity, and scale invariance) to define an order of inequality and its distance theory, is:

$$I_\alpha(\mathbf{s}; e) := \frac{1}{\alpha(\alpha - 1)} \left[\frac{1}{n} \sum_{i=1}^n s_i^\alpha - e^\alpha \right], 0 \leq \alpha < 1 \quad (\text{A.5})$$

where α is a real number that can depend on e . In the next step, i.e. when the reference point is to be determined, the authors consider that in the case of a peer-inclusive mea-

sure, the reference point is the highest value of the state (i.e., 1) being the state defined in terms of CDF. By aggregating the individual differences between the observed and the maximum state, the CF inequality index can be determined. Therefore, a family of inequality indices (i.e. $CF(\alpha)$) is obtained by considering a parameter $0 \leq \alpha < 1$. The closer α is to zero, the greater the weight attributed to the values of the state farthest from the reference point (i.e. 1). Compared to the Allison and Foster (2004)'s approach which considers the median as a reference point, in common there is the minimum value of the $CF(\alpha)$ indices which is zero and is achieved when all individuals are in the same category. The maximum value of the index, on the other hand, cannot be determined a priori, but its value is greater in the case of a uniform distribution than in the case of a totally polarized one.

Jenkins (2021)'s index

Considering the GL graphical representation (Jenkins (2021), Figure 1 p.551), the index J is obtained as a ratio of area A to the sum of areas A and B. The expression of the index J , whose minimum value is zero with perfect equality, is as follows (Jenkins (2021), p.550):

$$J = 1 - \sum_{j=0}^{K-1} (p_{j+1} - p_j)(GL_j + GL_{j+1}) = 1 - \sum_{j=0}^{K-1} f_{j+1}(GL_j + GL_{j+1}) \quad (\text{A.6})$$

Furthermore, if $GL_x < GL_y$, thus the GL curve for the status distribution x is nowhere above the GL curve for the status distribution y and all CF indices and the index J will report x as having more inequality than y .

AIII. Shapley decomposition

Following the methodology of Ersado and Aran (2014) which show that the dissimilarity index can increase (decrease) when circumstances are added (removed), we define the Shapley value decomposition. In particular, by adding new circumstance the inequality changes depending on the sequence of each circumstance's inclusion. Through the average change in inequality over all feasible inclusion sequences is defined the circumstance's contribution.

Formally, denoting with c the circumstance added to a subset D of circumstances, the dissimilarity index variation is the following:

$$\Delta I_c = \sum_{D \subset C \setminus \{c\}} \frac{|d|!(\Psi - |d| - 1)!}{\Psi!} [I(D \cup \{c\}) - I(D)] \quad (\text{A.7})$$

where C is the entire set of ψ circumstances, and D is a subset of C with d circumstances except c . $I(D)$ and $I(D \cup \{c\})$ are the dissimilarity indices for the subset D without c and including it, respectively.

Defining $I(\Psi)$ as the dissimilarity index for the set of Ψ circumstances, the contribution of circumstance Ψ to $I(\Psi)$ is determined by:

$$V_c = \frac{\Delta I_c}{I(\Psi)} \text{ where } \sum_{i \in C} V_i = 1 \quad (\text{A.8})$$

Thus, the sum of the contributions of all circumstances Ψ to the dissimilarity index adds up to 100 %.

However, Ferreira and Gignoux (2014) show that this decomposition gives a partial idea of the relative relevance of each circumstance because these can be highly correlated with each other, leading to the multicollinearity issue. Therefore, this issue matters for the decomposition, but has no impact on the point estimates of inequality of opportunity.

AIV. Table and figures

Tab. A1. The COVID-19 evolution in the UK until April 2020: a brief summary

Date	Description
December, 2019	In the Chinese city of Wuhan, the Coronavirus originated, spreading around the world until becoming a global pandemic.
January, 2020	The first confirmed cases outside China were in Japan and US.
January 29th, 2020	The UK's first two patients test positive for Coronavirus after two Chinese nationals from the same family staying at a hotel in York fall ill.
March 10th, 2020	Six people in the UK have died, with 373 testing positive.
March 11th, 2020	The World Health Organization (WHO) declares the virus a pandemic and stock markets plunge. Chancellor Rishi Sunak announces a £12 billion package of emergency support to help people affected.
March 16th, 2020	People in the UK was pressed to work from home, to avoid pubs and restaurants, waiting for the NHS interventions. Death rises to 55, confirmed cases to 1,543, and 10,000 people have been infected.
March 17th, 2020	Rishi Sunak unveiling £330bn-worth of government-backed loans and more than £20bn in tax cuts and grants for companies threatened with collapse.
March 18th, 2020	Schools closures in UK until further notice.
March 20th, 2020	Pubs, restaurants, gyms and other social venues were closed through the UK government orders. Up to 80% of wages were paid by government for workers at risk of being laid off.
<i>March 23th, 2020</i>	Boris Johnson announced the first national lockdown , forbidding to go out from home, except to buy food and medical supplies (only once a day), to go to work (if home working was not possible), providing help to the vulnerable, and taking exercise (one a day). Police fines for transgressors.
March 30th, 2020	£75 million were spent to repatriate up to 300,000 Britons stranded abroad due to travel restriction imposed by countries.
April 9th, 2020	The UK records its highest daily death toll at 938 deaths in 24 hours.
April 15th, 2020	COVID-19 confirmed cases globally passes 2 million.
April 17th, 2020	Doctors and nurses worked without some PPE as supplies begin to run out. The COVID-19 impact caused 20,283 deaths in England and Wales.
April 22nd, 2020	UK human COVID-19 vaccine trials start.
April 23rd, 2020	The UK begins human testing for COVID-19 vaccine in Oxford.
April 24th, 2020	"Global vaccines summit" on June 4th in order to encourage the support for the COVID-19 vaccine development at global level.
April 30th, 2020	The UK are 'past the peak' of COVID-19.

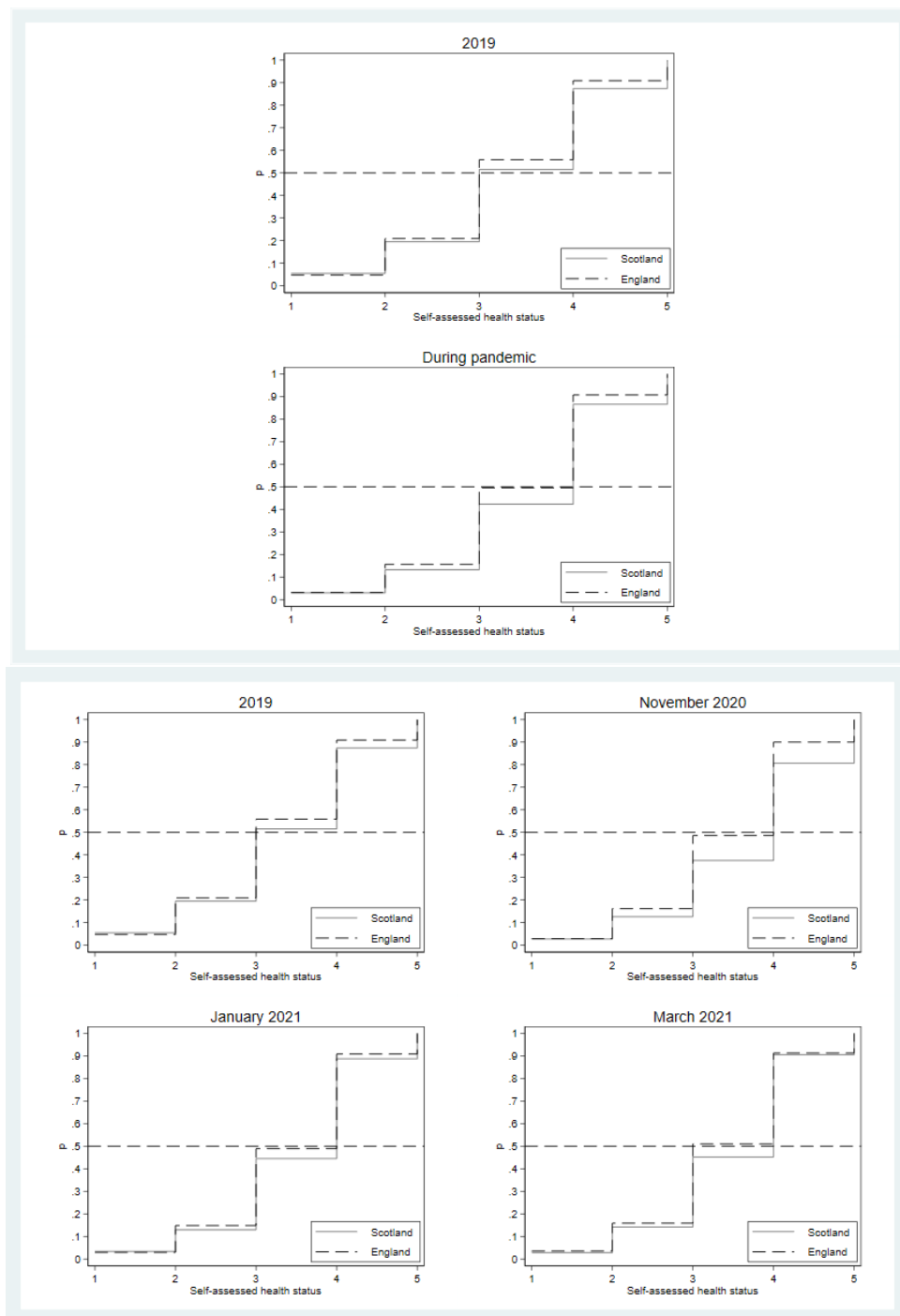
Tab. A2. Descriptive statistics of the sample considering sample weights for 2019 and own longitudinal weights for the sample during pandemic

	England						Scotland					
	2019			2020-2021			2019			2020-2021		
	COVID-19 sample (sample weights)	Men	Women	COVID-19 sample (own weights)	Men	Women	COVID-19 sample (sample weights)	Men	Women	COVID-19 sample (own weights)	Men	Women
General health status (dependent variable)												
- poor	0.0473	0.0402	0.0527	0.0314	0.0308	0.0318	0.0552	0.0596	0.052	0.0299	0.0401	0.0232
-fair	0.1622	0.1644	0.1605	0.1252	0.119	0.1296	0.1402	0.134	0.1446	0.1028	0.0964	0.107
-good	0.3489	0.349	0.3489	0.3388	0.3262	0.3478	0.3205	0.3002	0.3352	0.2907	0.2821	0.2962
-very good	0.3504	0.3504	0.3505	0.4117	0.4212	0.4049	0.3587	0.3799	0.3434	0.4422	0.469	0.4248
-excellent	0.0912	0.096	0.0875	0.093	0.1029	0.086	0.1254	0.1262	0.1248	0.1344	0.1124	0.1488
Demographic variables												
Age	52.63094	54.04285	51.53968	57.61342	59.3721	56.35501	53.59491	55.34975	52.32545	57.96369	60.38436	56.38415
Ethnicity:												
-White (ref.)	0.9481	0.9496	0.947	0.9198	0.9209	0.919	0.9699	0.9654	0.9731	0.9908	0.993	0.9893
- Other	0.0519	0.0504	0.053	0.0802	0.0791	0.081	0.0301	0.0346	0.0269	0.0092	0.007	0.0107
Family background												
Father:Unemployed (ref.)	0.036	0.037	0.0353	0.0332	0.0303	0.0352	0.0269	0.0163	0.0346	0.0226	0.0184	0.0254
Father:Skill level 2 and 1	0.2422	0.2506	0.2357	0.2476	0.2485	0.2469	0.193	0.2062	0.1834	0.1698	0.1882	0.1577
Father:Skill level 4 and 3	0.4616	0.4708	0.4546	0.4832	0.489	0.479	0.3435	0.3587	0.3324	0.3584	0.3382	0.3717
Father:Missing data	0.2601	0.2416	0.2745	0.2361	0.2322	0.2388	0.4366	0.4188	0.4495	0.4492	0.4553	0.4452
Mother:unemployed (ref.)	0.2841	0.3031	0.2694	0.3084	0.332	0.2915	0.2158	0.228	0.2071	0.2275	0.2156	0.2353
Mother:Skill level 2 and 1	0.3412	0.3475	0.3364	0.3416	0.331	0.3492	0.2582	0.2623	0.2553	0.253	0.2627	0.2467
Mother:Skill level 4 and 3	0.1585	0.1436	0.1701	0.1514	0.1369	0.1617	0.1214	0.1172	0.1245	0.097	0.0986	0.096
Mother: missing data	0.2162	0.2058	0.2242	0.1986	0.2001	0.1976	0.4045	0.3926	0.4131	0.4225	0.4231	0.422
Neighbourhood variables												
Medical facilities:												
- very good/excellent medical facilities (ref.)	0.7387	0.7326	0.7433	0.7453	0.7425	0.7474	0.7915	0.7608	0.8129	0.8056	0.775	0.8256
- Poor/fair medical facilities	0.2613	0.2674	0.2567	0.2547	0.2575	0.2526	0.2085	0.2392	0.1871	0.1944	0.225	0.1744
Leisure facilities:												
- very good/excellent leisure facilities (ref.)	0.4872	0.4783	0.4939	0.4834	0.4738	0.4902	0.5157	0.5067	0.5223	0.4962	0.5024	0.4922
-Poor/fair leisure facilities	0.5128	0.5217	0.5061	0.5166	0.5262	0.5098	0.4843	0.4933	0.4777	0.5038	0.4976	0.5078
Education level												
Degree (ref.)	0.4788	0.4865	0.4729	0.5127	0.517	0.5097	0.5173	0.5012	0.5289	0.5489	0.5486	0.5492
A Level/post-secondary	0.3884	0.3889	0.3881	0.3733	0.3694	0.3761	0.3815	0.4028	0.3662	0.3667	0.364	0.3684
O-Level/secondary (GCSE)												
Elementary, other	0.1327	0.1247	0.139	0.114	0.1136	0.1142	0.1012	0.096	0.1049	0.0844	0.0874	0.0825
No qualification												
Labour status												
Employee or Self-employed (ref.)	0.5909	0.6105	0.5758	0.594	0.5877	0.5984	0.5591	0.5604	0.5581	0.5995	0.547	0.6337
Unemployed, retired and other	0.4091	0.3895	0.4242	0.406	0.4123	0.4016	0.4409	0.4396	0.4419	0.4005	0.453	0.3663
Industry sectors												
Services (ref.)	0.5004	0.453	0.537	0.5002	0.4399	0.5434	0.4661	0.4058	0.5098	0.4771	0.4045	0.5244
Production	0.0825	0.1386	0.0391	0.0795	0.1329	0.0413	0.0714	0.1293	0.0294	0.1069	0.1332	0.0898
Construction	0.0336	0.0367	0.0313	0.0217	0.0204	0.0227	0.0394	0.0383	0.0402	0.0182	0.0127	0.0218
Missing data	0.3835	0.3717	0.3926	0.3986	0.4069	0.3926	0.4231	0.4265	0.4206	0.3978	0.4496	0.364
Household variables												
Financial strain: Comfort/all right (ref.)	0.7512	0.778	0.7305	0.8126	0.8306	0.7997	0.7349	0.7658	0.7125	0.8177	0.8433	0.801
Financial strain: Getting by or difficulties	0.2488	0.222	0.2695	0.1874	0.1694	0.2003	0.2651	0.2342	0.2875	0.1823	0.1567	0.199
Living with a partner (ref.)	0.6699	0.7295	0.6238	0.7423	0.8029	0.6988	0.6322	0.6829	0.5955	0.7114	0.7364	0.6951
No living with a partner	0.3301	0.2705	0.3762	0.2577	0.1971	0.3012	0.3678	0.3171	0.4045	0.2886	0.2636	0.3049
Housing space:												
- Number of other rooms	2.034652	2.091487	1.990353	2.167789	2.23489	2.119776	1.863908	1.960915	1.794171	1.961441	2.050888	1.903076
- Beds to household size ratio	1.41068	1.397891	1.420643	1.523336	1.513685	1.530242	1.415777	1.454844	1.387687	1.489555	1.54915	1.450669
No children in household (ref.)	0.79	0.8098	0.7748	0.7941	0.8158	0.7785	0.7881	0.832	0.7564	0.7833	0.8444	0.7433
Children in household	0.21	0.1902	0.2252	0.2059	0.1842	0.2215	0.2119	0.168	0.2436	0.2167	0.1556	0.2567
Number of own children in hh	0.3632702	0.3288728	0.3898559	0.3485913	0.3114333	0.3751794	0.3362286	0.2562701	0.3940704	0.3611197	0.2511762	0.4328598
Satisfaction and health variables												
GHQ Likart scale	11.38824	10.69323	11.92525	12.32269	11.38278	12.99524	11.03768	10.22818	11.62612	12.40957	10.963	13.35348
Life satisfaction	5.17083	5.205898	5.143698	4.902249	4.922843	4.887512	5.252049	5.317351	5.204809	4.87744	4.962476	4.821953
Long term health condition (ref.)	0.4513	0.4497	0.4525	0.414	0.3984	0.4252	0.4722	0.4683	0.4751	0.4408	0.4315	0.447
No LT health condition	0.5487	0.5503	0.5475	0.586	0.6016	0.5748	0.5278	0.5317	0.5249	0.5592	0.5685	0.553

Fig. A1. Weighted distributions for overall inequality of self-assessed health status (SAH) in England and Scotland over periods. Notes: own longitudinal weights were used

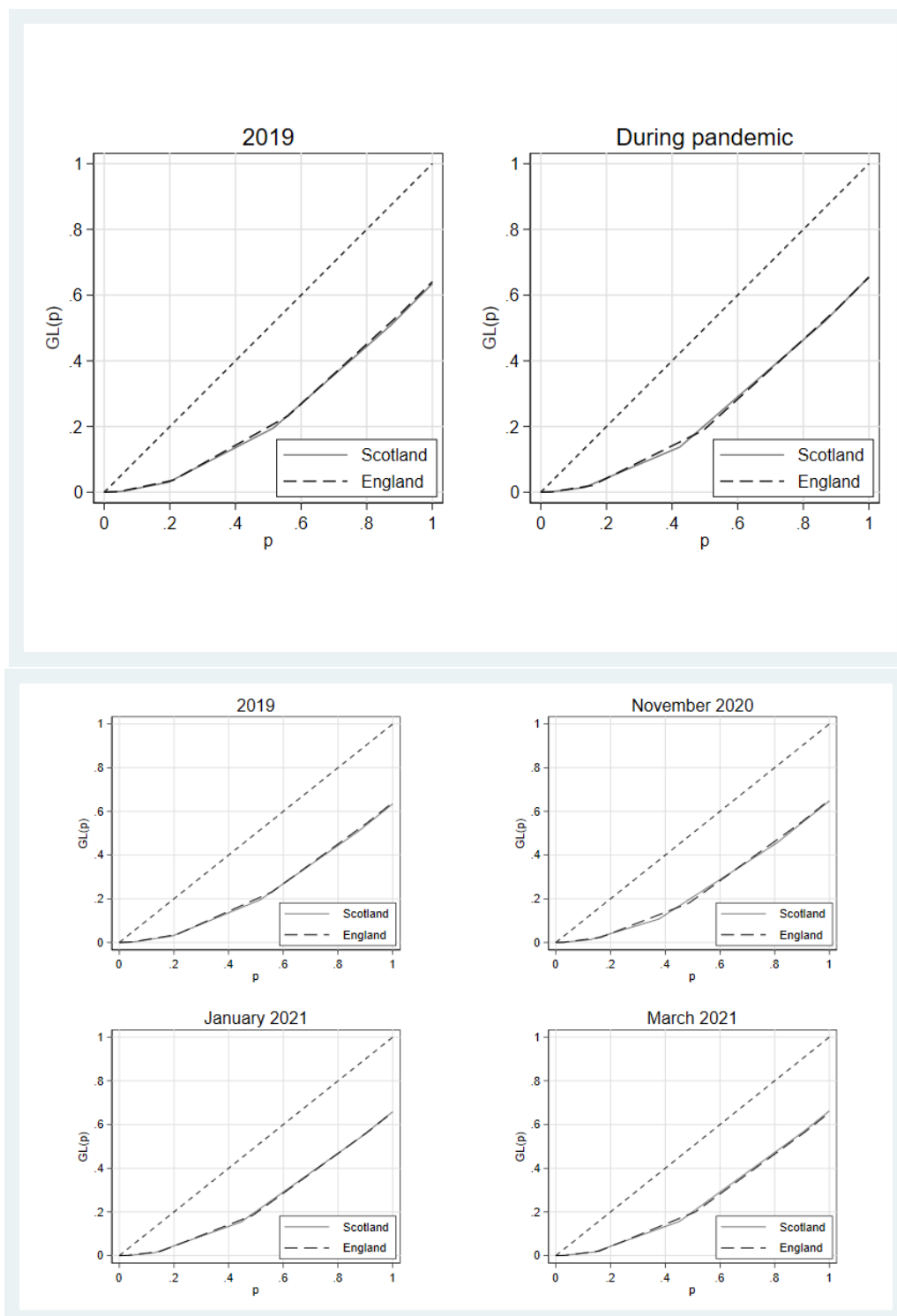


Fig. A2. Cumulative distribution functions (CDFs) for self-assessed health status as two periods and for each period during the pandemic



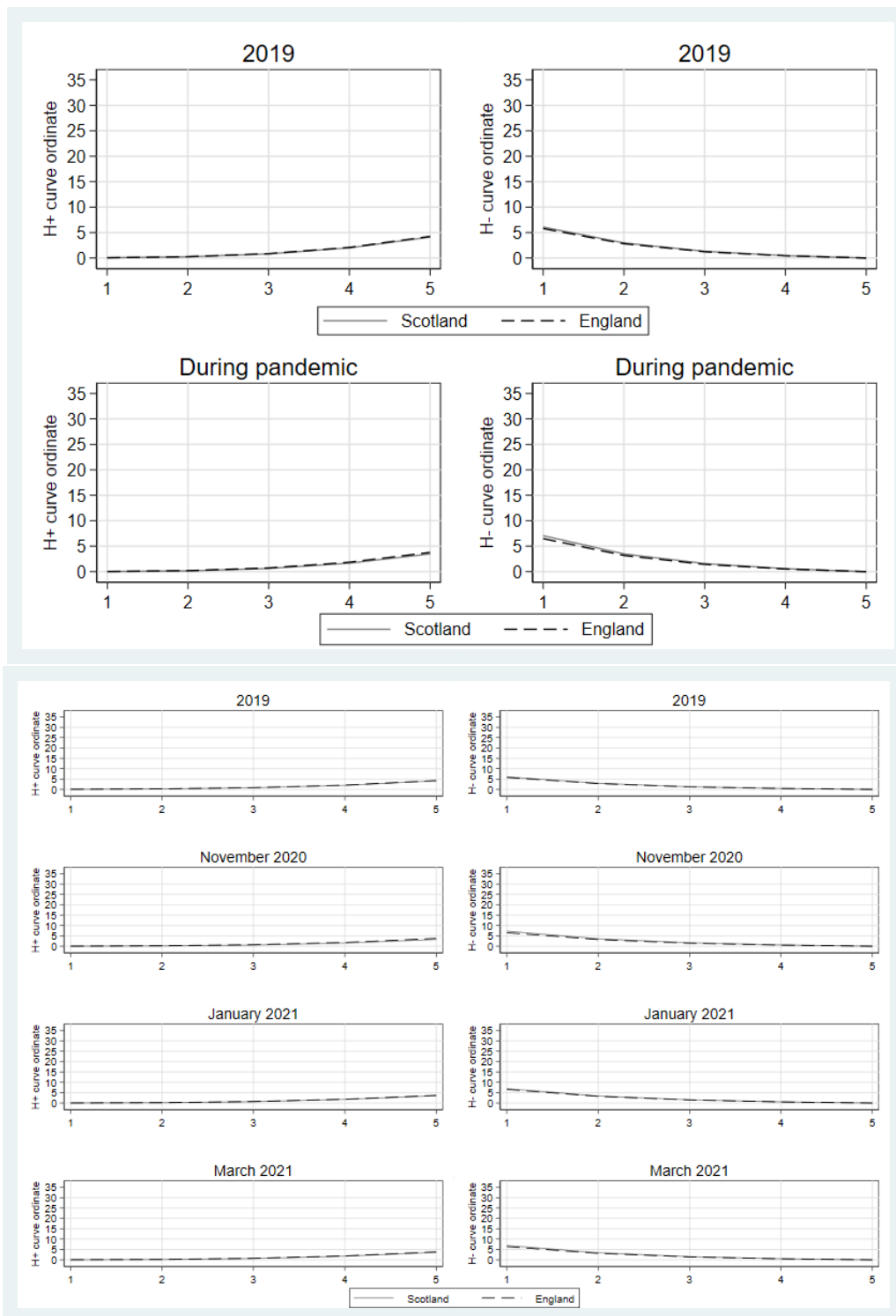
Notes: Own longitudinal weights are used. p is the cumulative proportion of individuals ordered from lowest to highest SAH.

Fig. A3. Generalized Lorenz curve comparisons of self-assessed health status distributions for two periods and for each period during the pandemic



Notes: Own longitudinal weights are used. p is the cumulative proportion of individuals ordered from lowest to highest SAH.

Fig. A4. Checks for self-assessed health status H^+ dominance and H^- dominance criteria for two periods and for each period during the pandemic



Notes: Own longitudinal weights are used.

Fig. A5. Inequality and polarization indices for the overall inequality for each periods

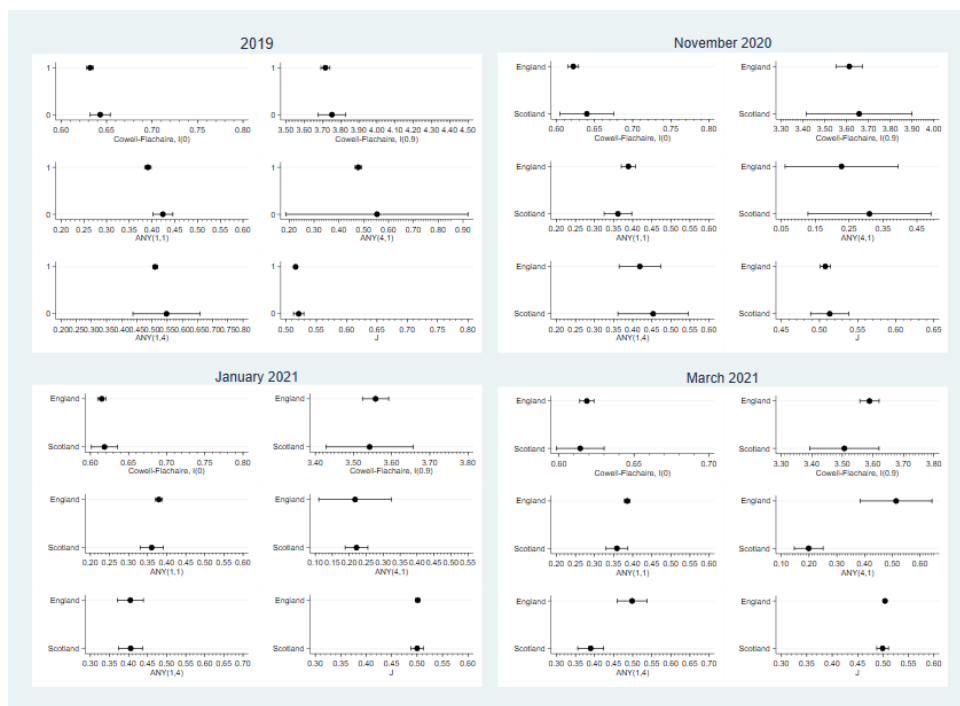
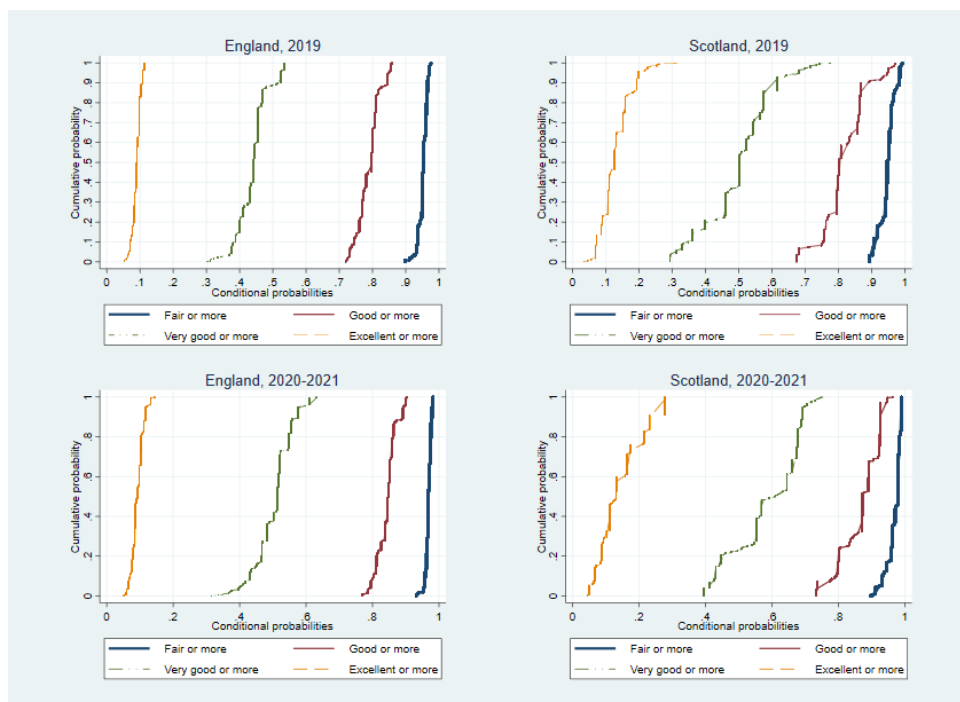


Fig. A6. Distribution of the estimated conditional probabilities by regions and periods



Tab. A3. Inequality of health opportunity for each period

Threshold	England							
	2019 (sample weights)		Nov 2020 (own longitudinal weights)		Jan 2021 (own longitudinal weights)		Mar 2021 (own longitudinal weights)	
	<i>Pdb</i>	<i>ws</i>	<i>Pdb</i>	<i>ws</i>	<i>Pdb</i>	<i>ws</i>	<i>Pdb</i>	<i>ws</i>
SAH<FAIR (2)	0.005375	0.020477	0.003247	0.012611	0.002659	0.010322	0.002036	0.007859
SAH<GOOD (3)	0.017383	0.054917	0.013880	0.046525	0.008789	0.029936	0.010493	0.035309
SAH<VERY GOOD (4)	0.038178	0.067363	0.029551	0.060736	0.030272	0.061886	0.037476	0.073406
SAH<EXCELLENT (5)	0.052259	0.019087	0.074665	0.029824	0.046871	0.017200	0.058213	0.020382
<i>Observations</i>	9,487	9,487	6,514	6,514	6,411	6,411	6,813	6,813
Shapley decomposition	%		%		%		%	
Group 1: Father's occupation	29.28		32.98		46.07		40.90	
Group 2: Mother's occupation	38.79		27.30		27.20		26.83	
Group 3: gender	21.01		36.94		22.22		23.46	
Group 4: Ethnicity	10.92		2.78		4.35		8.80	
TOTAL	100.00		100.00		100.00		100.00	

Threshold	Scotland							
	2019 (sample weights)		Nov 2020 (own longitudinal weights)		Jan 2021 (own longitudinal weights)		Mar 2021 (own longitudinal weights)	
	<i>Pdb</i>	<i>ws</i>	<i>Pdb</i>	<i>ws</i>	<i>Pdb</i>	<i>ws</i>	<i>Pdb</i>	<i>ws</i>
SAH<FAIR (2)	0.006798	0.025685	0.008445	0.032846	0.004071	0.015728	0.006180	0.024003
SAH<GOOD (3)	0.019188	0.061710	0.021360	0.074621	0.017374	0.060399	0.016325	0.056021
SAH<VERY GOOD (4)	0.056106	0.108643	0.075631	0.188860	0.047670	0.105820	0.037422	0.081988
SAH<EXCELLENT (5)	0.112353	0.055939	0.262857	0.205765	0.045504	0.020716	0.101368	0.038672
<i>Observations</i>	1,015	1,015	696	696	703	703	724	724
Shapley decomposition	%		%		%		%	
Group 1: Father's occupation	51.45		44.56		37.00		49.63	
Group 2: Mother's occupation	41.51		40.71		28.54		43.05	
Group 3: gender	4.64		14.38		30.41		6.54	
Group 4: Ethnicity	2.34		0.07		4.05		0.78	
TOTAL	100.00		100.00		100.00		100.00	

Tab. A4. SAH absolute frequencies in England and Scotland (unbalanced data unweighted)

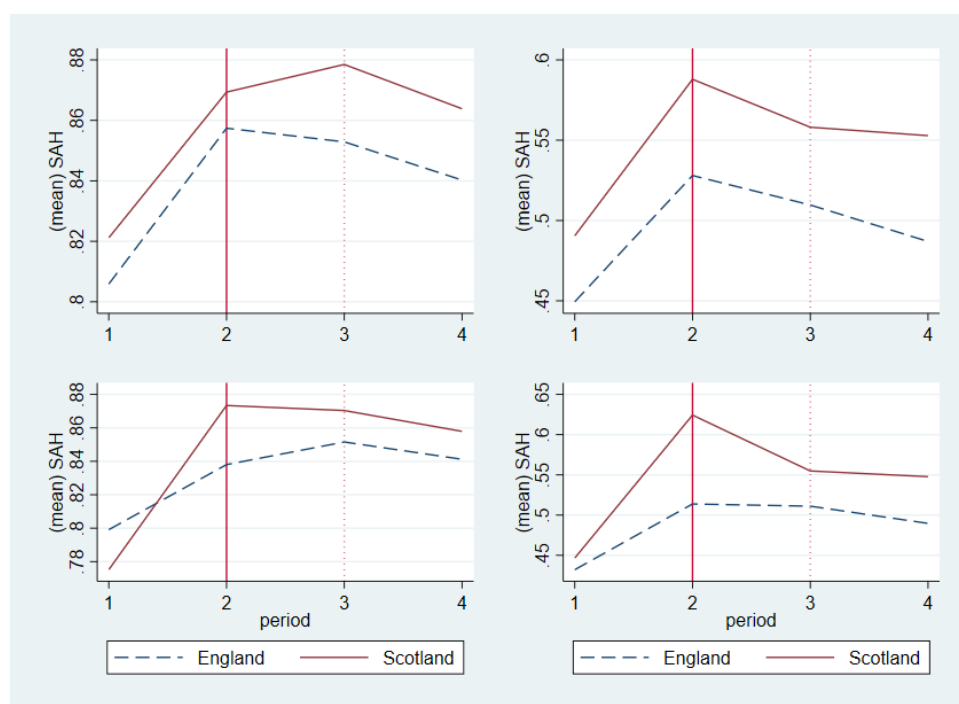
General health status	England		Scotland		Total
	2019	nov-20	2019	nov-20	
Poor and fair	1,877	1,230	182	118	3,407
Good	3,371	2,634	332	234	6,571
Very good and Excellent	4,281	4,183	504	503	9,471
Total	9,529	8,047	1,018	855	19,449

Tab. A5. Transition matrix between SAH categories in England (on the top) and Scotland (on the bottom) by gender

SAH	England						Total
	Poor/Fair		Good		Very good/excellent		
	Male	Female	Male	Female	Male	Female	
Poor/Fair	67.88	67.88	27.57	27.30	4.62	4.82	100
Good	10.89	10.37	60.10	64.08	29.02	25.56	100
Very good/excellent	1.12	1.09	15.52	16.55	83.36	82.36	100
Total	15.17	15.58	32.34	34.82	52.49	49.60	100

SAH	Scotland						Total
	Poor/Fair		Good		Very good/excellent		
	Male	Female	Male	Female	Male	Female	
Poor/Fair	69.48	68.72	28.57	25.11	1.95	6.17	100
Good	10.96	8.77	59.47	61.38	29.57	29.85	100
Very good/excellent	0.51	0.99	11.04	14.02	88.46	84.99	100
Total	13.70	13.62	27.59	30.69	58.72	55.69	100

Fig. A7. Visual assessment of parallel trends assumption for panel data (on the top) and pooled data (on the bottom)



Notes: On the left the original outcome is transformed into a binary variable by coding "excellent, very good, good" as one and "fair, poor" as zero. On the right the original outcome is transformed into a binary variable by coding "excellent, very good" as one, and "good, fair, poor" as zero.

Tab. A6. Average marginal effects coefficients for each outcome without to consider the long term health condition

General health status	Poor and fair			Good			Very good and excellent		
	<i>Pooled</i>	<i>Men</i>	<i>Women</i>	<i>Pooled</i>	<i>Men</i>	<i>Women</i>	<i>Pooled</i>	<i>Men</i>	<i>Women</i>
<i>Pre-pandemic</i>	0.0030	-0.0314	0.0133	0.0013	-0.0113	0.0054	-0.0042	0.0426	-0.0187
<i>During pandemic</i>	0.0500****	0.0113	0.0725****	0.0555****	0.0113	0.0832****	-0.1056****	-0.0225	-0.1557****
Treatment effect	0.0470	0.0426	0.0592	0.0542***	0.0226	0.0778***	-0.1013*	-0.0652	-0.1371*
Observations	15,849	6,604	9,245	15,849	6,604	9,245	15,849	6,604	9,245

Standard errors in parentheses

* $p < 0.10$, ** $p < 0.05$, *** $p < 0.01$, **** $p < 0.001$